



**AMENITY PUBLIC SCHOOL
HOLIDAY HOMEWORK (2026-27)
CLASS XII HUMANITIES**



Summer vacation is not only a time to relax, but also an opportunity to refresh your mind, discover new interests, and prepare yourself for the journey ahead. Use this break wisely to grow, recharge, and return stronger than before.

“The quiet moments of rest today often become the foundation of tomorrow’s success.”

Dear Students,

The long-awaited summer holidays are finally here! While it is important to enjoy and unwind, it is equally essential to remain productive and make meaningful use of your time. A healthy balance between enjoyment and learning will help you come back motivated, energetic, and ready for new challenges.

Here are a few suggestions to make your vacation enjoyable as well as valuable:

- 1. Strengthen Your Studies:** Revise important concepts and complete all pending assignments or projects on time.
- 2. Explore Your Interests:** Spend time developing hobbies such as sketching, dancing, reading, singing, photography, or creative writing.
- 3. Stay Active and Healthy:** Reduce unnecessary screen time and include physical activities like sports, exercise, yoga, or outdoor games in your routine.
- 4. Develop Reading Habits:** Read books, newspapers, journals, or magazines regularly to improve your knowledge and vocabulary.
- 5. Take Care of Your Well-being:** Practice meditation, mindfulness, or other calming activities. Spend meaningful time with family and friends and create beautiful memories together.

*Let your imagination shine bright,
Keep learning with curiosity and delight.
Stay healthy, active, and full of cheer,
And make this summer your best one this year.*

**Wishing You a Joyful and Refreshing
Summer Vacation!**

❖ ENGLISH CORE (301)

General Instructions:

- It is **mandatory** to prepare the **Project file**.
- **10 Marks** for the internal assessment are allotted for the ALS Project and Viva.
- Except for the cover page, the acknowledgement, and the certificate, the rest of the pages should be **handwritten**.
- Use an **A4-sized white/coloured sheet** for the project, and after compiling everything, it should be organised in a folder properly.
- **Plagiarism is strictly prohibited**.
- Refer to the **Annexure-1** for the **project topic allotted** to you.

Parameters of Assessment:

- Quality of Content
- Accuracy of Information
- Content in respect of spelling, grammar, and punctuation
- Clarity of thoughts and ideas
- Originality and Creativity
- Knowledge and Experience gained (**through Viva**)
- Adherence to the Specified Timeline (**1st week of July**)

Project File Layout: (The project should be summarised in 18-20 pages)

Page 1: COVER PAGE, WITH TITLE OF PROJECT, SCHOOL DETAILS OF STUDENT

Page 2: STATEMENT OF PURPOSE/OBJECTIVES/GOALS

Page 3: CERTIFICATE OF COMPLETION UNDER THE TEACHER'S GUIDANCE

Mid Pages: PROJECT/ REPORT DETAILS

It should include:

- Introduction
- Connection with the Chapter
- Real-Life Examples
- Case Studies or Survey
- Quotes by Famous Thinkers
- A Meme (satirical, informative, or thematic)
- A Comic Strip (hand-drawn)
- A Short Animated Storyboard
- A Poster (hand-drawn)
- An Article (200 words)
- A Report (200 words)
- A Letter to the Editor
- An Interview (with pictures of the interview being conducted)

- A Speech (200 words)
- Reflection (Your learning from the project, challenges you faced, evolution of the topic, etc.)

Note: Images/ charts/ newspaper clippings/ graphics/ pictures should be pasted on the left-hand side, and the handwritten content on the right-hand side of the page.

Last Page: LIST OF RESOURCES/ BIBLIOGRAPHY

LIST OF TOPICS AND SUGGESTED THEMES

I. THE LAST LESSON: LANGUAGE, IDENTITY & CULTURAL SURVIVAL

- Language as a Tool of Resistance
- Disappearing Languages: Causes and Consequences
- Mother Tongue vs. Medium of Instruction
- Language, Power & Colonial Legacy
- Case Studies on Language Suppression or Revival
- Media & Linguistic Diversity
- Nationalism and the Politics of Language

II. LOST SPRING: POVERTY, CHILDHOOD & BROKEN DREAMS

- Living Conditions and Realities of Informal Settlements
- Educational Inequity: Access, Barriers, Solutions
- Role of NGOs and Civil Societies
- Children at Work: A Closer Look
- Dreams Amidst Debris: Stories of Hope
- Youth Engagement in Urban Welfare
- Case Study: Slum Redevelopment Projects

III. DEEP WATER: FEAR, TRAUMA & INNER STRENGTH

- Neuroscience Behind Fear
- Childhood Experiences That Shape Adult Behaviour
- Stories of Triumph Over Fear: From Phobia to Courage
- Therapy, Mental Health & Healing Journeys
- Sport Psychology and Mental Fortitude
- Biographies of Resilient Individuals
- Fear vs. Risk: A Psychological Dilemma

IV. MY MOTHER AT SIXTY-SIX: AGEING, LOVE & FEAR OF SEPARATION

- Ageing with Dignity: Challenges and Care Models
- The Psychology of Separation and Nostalgia
- Modern Family Structures & the Elderly
- Decline of Joint Families: Causes and Consequences

- Emotional Literacy and Intergenerational Bonds
- Changing Roles: When Children Become Caregivers

V. KEEPING QUIET: SILENCE, REFLECTION & HUMAN HARMONY

- The Culture of Silence: Power or Privilege?
- Mindfulness in Education and Workspaces
- The Art of Pausing: Reclaiming Mental Space
- War, Climate Crisis, and the Price of Human Progress
- Digital Detox: Myth or Necessity?
- Personal Narratives of Solitude and Growth

VI. THE THIRD LEVEL: FANTASY, ESCAPE & PSYCHOLOGICAL CONFLICT

- The Science of Fantasy and Daydreaming
- Time Travel in Literature and Psychology
- Coping Mechanisms: Past vs. Present
- Escapism in Digital Spaces (Gaming, VR, Social Media)
- Fiction vs. Reality in Modern Life
- Mental Health and Alternate Realities

VII. THE TIGER KING: ARROGANCE, DESTINY & POLITICAL SATIRE

- Satire in Literature: A Tool for Social Critique
- The Irony of Power and the Illusion of Control
- Environmental Conservation vs. Royal Hunting Practices
- Symbols and Symbolism: The Tiger as a Metaphor
- Blind Obedience and Bureaucracy in Monarchy
- Humour, Irony and Absurdity in Political Commentary
- Historical Obsession with Fame and Immortality

VIII. THE ENEMY: COMPASSION BEYOND BORDERS

- Moral Dilemmas in Times of War
- Civilians in Conflict Zones: Stories Untold
- The Psychology of the Soldier
- Humanitarianism Amid Hostility
- Cross-border Friendships and Peace Efforts
- War Memoirs and Literature as Resistance
- Role of Dialogue in Conflict Resolution

Annexure-1

NOTE: Refer to the table for your project topic.

Roll No.	Allocated Topics (Details are given above)
1, 9, 17, 25, 33, 41, 49, 57	I or VIII
2, 10, 18, 26, 34, 42, 50, 58	II or V
3, 11, 19, 27, 35, 43, 51, 59	III or IV
4, 12, 20, 28, 36, 44, 52, 60	IV or VI
5, 13, 21, 29, 37, 45, 53, 61	V or I
6, 14, 22, 30, 38, 46, 54, 62	VI or II
7, 15, 23, 31, 39, 47, 55, 63	VII or III
8, 16, 24, 32, 40, 48, 56, 64	VIII or VII

❖ MATHEMATICS (041)

- Do Question Bank given in your class group.
- Do four activities in Maths Lab Manual
 1. To verify the relation in the set of all lines in a plane defined by $R = \{(l,m): l \text{ is perpendicular to } m\}$ is symmetric but neither transitive nor reflexive }
 2. To demonstrate a function that is not one one but is onto.
 3. To demonstrate a function that is one one but is not onto.
 4. To verify the relation in the set of all lines in a plane defined by $R = \{(l,m): l \text{ is parallel to } m\}$ is an equivalence relation.

❖ HISTORY (027)

“A person without the knowledge of their past history, origin and culture is like a tree without roots.”

- Marcus Garvey

 **Make a project file on any one of the following topics:**

- The Indus Valley Civilization-Archaeological Excavations and New Perspectives
- The History and Legacy of Mauryan Empire
- “Mahabharat”- The Great Epic of India

- The History and Culture of the Vedic period
- Buddha Charita
- A Comprehensive History of Jainism
- Bhakti Movement- Multiple Interpretations and Commentaries.
- The Mystical Dimensions of Sufism
- Global Legacy of Gandhian Ideas
- The Architectural Culture of the Vijayanagar Empire
- Life of Women in the Mughal Rural Society
- Comparative Analysis of the Land Revenue Systems Introduced by the Britishers in India
- The Revolt of 1857- Causes; Planning & Coordination; Leadership, Vision of Unity
- The Philosophy of Guru Nanak Dev
- The Vision of Kabir
- An Insight into the Indian Constitution
- Comparative Study of Stupas and Pillar Edicts
- Comparative Study of Mughal and Vijayanagar Architecture

Guidelines:

- ✓ Project is to be made on Excel Bond Sheets
- ✓ Use lots of colours, pictures and drawing to highlight your project.
- ✓ Leave space for the Front page and Certificate as you will be guided about it later.
- ✓ Project should be a minimum of 20 pages.

 **Draft a report on any one of the following topics:**

- In what ways did Mahatma Gandhi's principled resistance to the Partition of India embody his commitment to communal harmony, and how do contemporary India-Pakistan relations align with or diverge from the ideals he championed?
- 'To what extent does the functioning of the contemporary Indian federal system reflect the vision and ideals of the Constitution makers regarding cooperative federalism, decentralization, and unity in diversity?'

 **Do the given worksheet and revise the taught portion.**

❖ SOCIOLOGY (039)

✚ ACTIVITY 01

- Prepare a scrapbook consisting of 7-10 sheets.
- Collect pictures and articles related to various social inequality and exclusion situations. Paste these in your scrap book.
- Mention certain salient features of each social evils in few words alongside the pictures.
- Use your creativity to decorate the same.

✚ ACTIVITY 02

- Decide the topic for your final project work.
- Work upon its introduction and collect the information about the same.
- Prepare following pages using excel bond sheets.

The project file should be concise and coherent, ideally spanning 25-30 pages, including:

Title/Cover Page: Topic name, your details (Name, Class/Roll Number), school name, and academic year.

- ✓ **Certificate & Acknowledgement:** Standard academic formats.
- ✓ **Introduction:** Background of the chosen issue and its social relevance.
- ✓ **Statement of Purpose:** Why you are studying this topic.
- ✓ **Research Question:** A clear, central question your project answers.
- ✓ **Methodology:** How you collected your information (e.g., surveys, interviews, observations of (15-20) respondents).
- ✓ **Data Analysis:** Charts, graphs, and a breakdown of findings.
- ✓ **Conclusion & Recommendations:** A brief summary and your suggestions.
- ✓ **Bibliography:** List of books, websites, and articles referenced.

❖ POLITICAL SCIENCE (028)

1. PROJECT WORK

Students are required to make a project work on any Chapter from the NCERT book.

Some common topics:

- End of Bipolarity
- Challenges of Nation Building
- Contemporary South Asia
- Alternative Centres of Power
- Globalisation
- Emergency

Instructions:

- Use A4 size Excel bond sheets
- Design a good cover page
- Project must be hand written.
- Project must include 20/25 pages.
- Include relevant pictures, newspaper clippings, maps, etc.
- Also include pages like - content, acknowledgement, certificate, bibliography

❖ PAINTING (049)

1. Make four drawings out of the given pictures.



2. Make a poster on any of the given topics.

- Mandala Art
- Aipan Art

❖ MUSIC (034)

Write these topics in your project file.
(Practical of Board examinations)

1. Single, double, triple and fourer of the talas given below:

- Rupak taal
- Jhaptal
- Dhamar taal

2. Raga compositions:

Raga Bhairav—Fast Khyal (Drut)-Teen Tala

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
X				2				0				3			
								G	M	D	-	P	D	M	M
								Ja	-	go	-	su	ba	h	su
P	-	G	M	R	-	S	-	N	S	G	M	P	D	N	Ś
ba	h	ni	t	ja	-	go	-	Pra	bhu	ke	-	cha	r	na	n
Ś	N	D	P	MP	DP	M	G	M	-	P	P	D	-	N	N
me	-	chi	t	la	-	go	-	Dh	ya	n	dha	ro	-	U	s
Ś	-	Ś	Ś	R	R	Ś	-	Ś	N	D	P	P	-	P	-
Pa	r	ma	-	ta	m	ka	-	Ma	nn	me	-	Pai	-	da	-
G	-	G	M	R	-	S	-								
ka	ro	-	bai	ra	-	go	-								

Composed by : Subhash Duggal

↔ Composition ↔

Sthai : Jago Subah Subah Nit Jago,
Prabhu ke Charnan Me Chit Lago.

Antra : Dhyan Dharo Us Parmatam ka,
Mann me Paida Karo Bairago.

Raga Bhairav—Dhamar—Tala Dhamar

1	2	3	4	5	6	7	8	9	10	11	12	13	14
X					2			0				3	
D	D	P	M	P	G	M	R	R	S	M	P	G	M
Khe	-	le	Ra	-	dha	-	San	-	g	Ka	-	hna	-
D	D	P	D	M	P	G	M	R	S	N	S	G	M
daa	r	t	jaa	-	t	hain	ran	-	g	Sa	khi	an	-
Ś	Ś	Ś	R	Ś	D	N	D	D	P	M	P	D	N
ma	nn	me	u	the	u	-	man	-	g	Sab	b	ke	-
D	D	P	M	P	G	M	R	R	S	P	Ś	N	Ś
khe	-	len	kri	-	shna	-	san	-	g	Ho	-	ri	-

Composed by : Subhash Duggal

↔ Composition ↔

Sthai : Kahna Khele Radha Sang,
Sakhian Daarat Jaat Hai Rang.

Antra : Sab ke Mann Me Uthe Umang,
Hori Khelen Krishna Sang.

Raga Bhairav—Tarana—Teen Tala															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
X				2				0				3			
								Ṡ	N	D	Ṡ	N	D	D	P
								Ta	na	na	ta	na	na	ta	na
P	-	G	M	R	R	S	-								
dee	m	ta	na	de	re	na	-								
								Ṅ	Ṅ	S	S	G	G	M	M
								Di	r	di	r	dee	m	dee	m
P	-	P	P	D	D	P	-								
to	m	ta	na	de	re	na	-								
								M	-	P	P	D-	D-	N	N
								Oh	de	ta	na	dir	dir	ta	na
Ṡ	-	Ṡ	Ṡ	Ṙ	Ṙ	S	-								
dee	m	ta	na	de	re	na	-								
								Ṡ	N-	N-	D-	D-	P-	P-	M-
								Na	dir	dir	dir	tum	dir	dir	dir
G	-	G	M	R	R	S	-								
ta	na	na	na	de	re	na	-								

Composed by : Subhash Duggal

Composition

Sthai : Ta na na, ta na na, ta na, Deem tana dere na,
Dir dir deem deem, tom tana dere na.

Antra : Ohde tana dir dir tana, Deem tana dere na,
Na dir dir dir tum dir dir dir, Tana nana dere na.

Raga Bhairav—Slow Khyal (Vilambit)-Ek Tala												
1	2	3	4	5	6	7	8	9	10	11	12	
X		0		2		0		3		4		
										Sthai :	SR	-S
											Kripa	-k
R-	-R	S-	--	GM	P-GM	D-	PP	G-MM	R-S-			
ro	-pra	bhu	--	mujh	aajiz	pa	r poo	ri,kro	aas-			
										Antra :	MMPP	D-NN
											Nituth	aas,ti
Ṡ-	Ṡ-ṠṠ	Ṙ-	Ṡ-ṄṠ	D-	--	P-	G-GM	R-	S-			
ha	rikroon	pra	bhu,sun	lee	--	jo	--ar	daa	S-			

Composed by : Prof. Shamshad Ali

Composition

Sthai : Kripa Karo Prabhu,
Mujh Aajiz Par, Poori Karo Aas.

Antra : Nit Uth Aas Tihari karoon,
Prabhu Sun Leejo Ardaas.

❖ PSYCHOLOGY (037)

1. Psychology Practical File

Task: Administer the prescribed psychological tests, record the data, and compile your Practical File.

Guidelines & Instructions: • General Formatting

- Your file must be handwritten.
- Write on the ruled side of the practical file and draw diagrams/tables on the blank side.
- Do not use red or pink ink pens. Use a black pen for headings and a blue pen for text.

2. Psychological Disorder Project

Task: Create a comprehensive Project Portfolio and Case Profile on any one major psychological disorder classified in the DSM-5.

Guidelines & Instructions:

• **Topic Selection:**

Choose any one psychological disorder (e.g., Schizophrenia, Bipolar Disorder, Major Depressive Disorder, ADHD, or Generalized Anxiety Disorder).

• **Project Structure:** Your project report should be approximately 1000 words, neatly handwritten. Ensure it includes the following sections:

- ✚ Introduction: Definition and history of the chosen disorder.
- ✚ Classification: How this disorder is categorized (e.g., Anxiety Disorders, Neurodevelopmental Disorders).
- ✚ Etiology (Causes): Discuss biological, psychological, and socio-cultural factors.
- ✚ Symptoms: Diagnostic criteria and clinical presentation.
- ✚ Treatment/Intervention: Psychotherapy, biomedical therapies, and rehabilitation methods.
- ✚ Case Profile: Conduct an in-depth mock or real-life case study (qualitative & quantitative) to understand
✚ An individual dealing with a similar condition or facing a specific behavioral/social challenge.

Presentation:

- Include a title page, certificate of completion, and an acknowledgment.
- Use visual aids like flowcharts, graphs, or real-world statistics to enhance the presentation.
- Cite all your sources (APA or MLA format).