



December Menu

01.12.2025 to 15.12.2025



01-12-2025 Monday

- Ghee Fulka
- Aloo Gobi Mutter
- Khatti-Mithi Dal
- Basmati Rice
- Puran Poli
- Masala Chaas
- Khatta Moong

02-12-2025 Tuesday

- Steam Idli - Mendu Vada
- Coconut Chutney
- Sambhar
- South Indian Rice
- Kala Chana Chat
- Nimbupani



03-12-2025 Wednesday

- Quesadilla
- Homemade Tomato Sauce
- Rajma
- Plain Basmati Rice
- Vermicelli Noodles loaded with Vegetables
- Salted Chaas



04-12-2025 Thursday

- Plain Paratha
- Mix Vegetable with Paneer
- Whole Masoor Dal
- Jeera Basmati Rice
- Green Salad with Tofu
- Buttermilk



05-12-2025 Friday

- Multigrain Roti
- Masala Aloo Bhindi
- Chilka Moong Dal
- Ghee Basmati Bhat
- Oats Rawa Dhokla
- Jeera Chaas



08-12-2025 Monday

- Tawa Roti
- Corn Tomato Paneer Capsicum
- Dal Makhani
- Steam Basmati Rice
- Sukhadi
- Masala Chaas
- Green Salad



09-12-2025 Tuesday

- Veg. Uttapam
- Coconut Chutney
- Sambhar
- Lemon Rice
- Masala Boondi
- Lemonade

10-12-2025 Wednesday

- Aata Bhatura
- Amritsari Chhole
- Paneer Peas Kabab with Green Chatni
- Plain Basmati Rice
- Ring Onion & Fried Chilly
- Salted Chaas



11-12-2025 Thursday

- Corriender Paratha
- Paneer Butter Masala
- Mix Dal Tadka
- Jeera Basmati Rice
- Tomato & Cucumber Slice
- Buttermilk



12-12-2025 Friday

- Soya Roti
- Tindola-Potato
- Arhar Dal
- Ghee Basmati Bhat
- Baked Macaroni
- Jeera Chaas
- Kala Chana Chat



15-12-2025 Monday

- Ghee Fulka
- Aloo Mutter, Kela Mutter
- Khatti-Mithi Dal
- Basmati Rice
- Gajar no Halwo
- Masala Chaas
- Dry Whole Moong



* All Punjabi sabji gravy combines the goodness of NUTS with an assortment of fresh, seasonal VEGETABLES.

* We use Jain dairy paneer and Amul butter and cheese in all our preparations.

* Butter milk, lemonade, 'farsan', Durum wheat pasta and sweet etc will be served to the students in sufficient quantity with their meal. As the students tend to eat/drink more of these food items instead of the proper wholesome meal, the serving of these items will be monitored and restricted if required.

* Subject to change





December Menu

16.12.2025 to 31.12.2025



**16-12-2025
Tuesday**

- Steam Idli - Mendu Vada
- Coconut Chutney
- Sambhar
- South Idian Rice
- Black Chana Salad
- Nimbu Shikanji

**17-12-2025
Wednesday**

- Whole Wheat Pav
- Bhaji
- Curd
- Veg. Pulav
- Garlic Chutney & Cabbage
- Onion Salad
- Salted Chaas



**18-12-2025
Thursday**

- Jeera Paratha
- Veg. Makhanwala with Paneer
- Dal Makhani
- Jeera Basmati Rice
- Italian Pasta Salad
- Buttermilk



**19-12-2025
Friday**

- Ragi Roti
- Coconut Bhindi-Aloo Masala
- Chana-Masoor Dal
- Ghee Basmati Bhat
- Veg. Handvo with Green Chutney
- Jeera Chaas

**22-12-2025
Monday**

- Tawa Roti
- Mixed sesonal veg Gujarati style
- Rajma
- Steam Basmati Rice
- Rava Sheero
- Masala Chaas



**23-12-2025
Tuesday**

- Masala Uttapam
- Coconut Chutney
- Sambhar
- Tomato Rice
- Kala Chana Chat
- Lemonade

**24-12-2025
Wednesday**

- Stuff Paratha
- Homemade Tomato Sauce & Green Chutney
- Curd
- Veg. Biryani
- Chickpea Salad
- Salted Chaas



**29-12-2025
Monday**

- Ghee Fulka
- Aloo Patta Gobi
- Khatti-Mithi Dal
- Basmati Rice
- Spiral Live Jalebi
- Masala Chaas



**30-12-2025
Tuesday**

- Masala Idli - Pesarattu
- Coconut Chutney
- Sambhar
- South Idian Rice
- Kala Chana Chat
- Nimbu Pani



**31-12-2025
Wednesday**

- Whole Wheat Pav
- Bhaji
- Curd
- Veg. Pulav
- Garlic Chutney & Cabbage
- Onion Salad
- Salted Chaas



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