



SELF LEARNING CAMP NEWSLETTER | 2025

VOLUME IX | ISSUE 2 | NOVEMBER 2, 2025 | JUNGA



Unleash the Adventurer Within!

Highlights November 02 Day 1

- Departure from Ludhiana at 6:45 a.m. and arrival at Junga at 3:45 p.m.
- Post Lunch Orientation and Cottage Allocation.
- Ice Breaking Session and Group Distribution.
- Evening Fun Activities.

An Enthusiastic Beginning!

"No single drop can form a river on its own, but together, they create a powerful current." In the same way, true success is built on teamwork and mutual support. It's essential to recognize each other's contributions, celebrate victories, and encourage growth. When we help one another, we build a stronger, more unified community where everyone thrives. The beauty of living in harmony and sharing life's journey with others is something truly special.

In this spirit, a Self-Learning Camp has been organized for the students of Class XI from November 2 to 5, 2025. The excitement was palpable as students eagerly gathered at the school campus at 5:30 a.m. on the morning of November 2, 2025. The air was filled with excitement as students eagerly kicked off their journey. The buzz of anticipation was contagious, as everyone gathered with a sense of adventure and enthusiasm.

After a quick attendance check, the bus rolled out at 6:45 a.m., signaling the start of their journey. Before heading out, the students were introduced to the purpose of the camp. Following a hearty

breakfast, they enjoyed the scenic drive toward the serene Junga campus. The ride was filled with cheerful chatter, laughter, and music, while some took in the breathtaking views from their windows.

Upon arrival at the campsite, the students were greeted with a warm welcome and escorted to the dining area, where a delectable lunch was served, and later in the evening, students were offered light refreshments.

After a brief introduction, students were divided into three groups named Squad 67, Babu Kay Bandey and Wah Shampy Wah. An interactive orientation session was conducted by the instructors, during which students shared their expectations from the camp. Detailed instructions, rules, and norms to be followed during the camp were also explained to them.

The day concluded with a wholesome dinner served at 9:00 p.m., marking the end of a pleasant and enriching beginning to the camp experience.





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VOLUME IX| ISSUE 2| NOVEMBER 3, 2025 | JUNGA



Ignite the Spirit of Exploration!

Highlights November 03 Day 2

- Power Up session
- Outdoor Activities
–Wilderness Craft,
Tree Marine
Activity, Friendship
Ladder, Tree
Jumaring
- Book Your Day

A DAY OF DISCOVERY AND ADVENTURE!

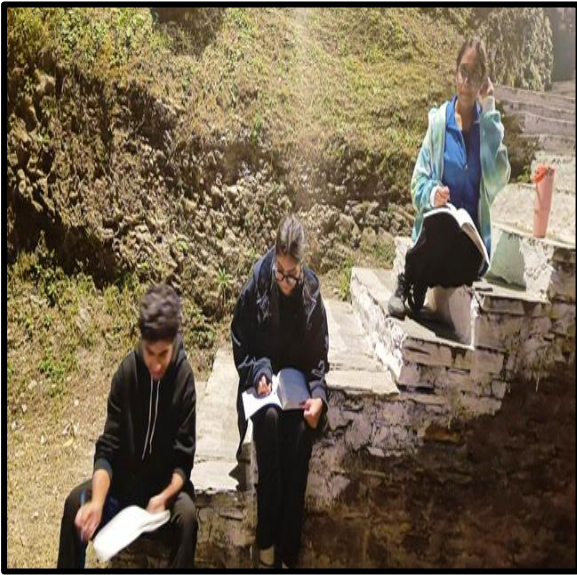
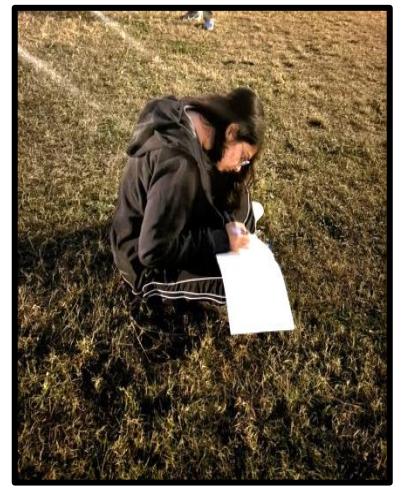
“Strength grows in the moments when you work together and lift each other higher.”

The second day of the Self-Learning Camp at Junga began with crisp mountain air and high spirits. Students woke up at 6:30 a.m. and soon assembled for the Power-Up Session, engaging in stretches and energizing activities that lifted everyone's mood. An interactive ice-breaking session followed, building laughter, trust, and communication among peers. By 8:00 a.m., a wholesome breakfast replenished their energy for the day ahead. At 9:00 a.m., the three groups began their respective tasks. Squad 67 embarked on the Wilderness Craft and Day-Out, trekking through forest trails to a hilltop offering panoramic views. They learned to build fires using twigs and cook simple meals, fostering adaptability and independence. Meanwhile, Babu Ke Bande took on the Rope Course with challenges like the Friendship Ladder and Commando Net, testing courage, focus, and teamwork.

Post lunch and a brief rest, Babu Ke Bande continued their adventure with the Tree Marine Activity, mastering rope climbing and balance under instructor guidance. The challenge tested endurance, patience, and group coordination. Meanwhile, Wah Shampy Wah explored the Tree Jumaring Activity, developing determination, resilience, and confidence while ascending to new heights. By 5:00 p.m., all groups returned to the campsite, where refreshments awaited. Later, a reflective activity titled Book Your Day encouraged students to record experiences in their Courage and Leadership Journals, reinforcing mindfulness and gratitude. As twilight painted the hills, the campfire glowed warmly. Songs, games, and laughter filled the evening air, uniting everyone in joyous camaraderie. The day concluded with bowls of hot and sour soup followed by dinner at 9:00 p.m., closing an eventful day rich in learning, teamwork, and outdoor adventure.

Glimpses of Day 2- November 3, 2025







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VOLUME IX | ISSUE 2 | NOVEMBER 3, 2025 | JUNGA



Highlights November 04 Day 3

- Power Up session
- Outdoor Activities – Wilderness Craft,
- Tree Marine and Rope Course Activities – Friendship Ladder, Commando Net, Balancing Rope Walk.

“Exploring, Learning, and Rising Together!”

“True strength is born when hearts unite and hands lift each other up.”

The third day at Junga began with crisp mountain air and eager anticipation. By 6:45 a.m., students were up for the lively Power-Up Session, where stretches and energizing activities set an enthusiastic tone. An ice-breaking session followed, sparking laughter, trust, and camaraderie among peers. After a wholesome breakfast at 8:00 a.m., the three groups set off for their respective adventures.

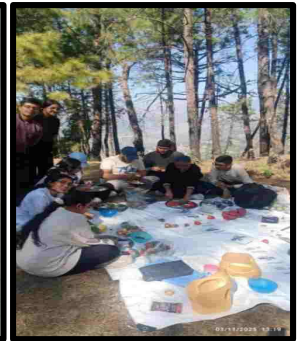
Squad 67 and Wah Shampy Wah embarked on an engaging Day-Out named ‘Wilderness Craft’, trekking through forest trails to a scenic hilltop with sweeping views. They learned to build fires using twigs and cook simple meals—lessons in adaptability and self-reliance. Meanwhile, “Babu Ke Bande” tackled the Tree Marine and Rope Course, conquering challenges like the Friendship Ladder Commando Net and Balancing Rope Walk that demanded physical

endurance and mental focus while nurturing trust and teamwork. Also, the Tree Jumaring activity challenged their courage and coordination at new heights. By evening, all participants reassembled at the campsite for refreshments. Subsequently, during the reflective session titled Book Your Day, each student documented their experiences, insights, and key learnings in the Courage and Leadership Journal.

As nightfall approached, the campers gathered for a lively session of ‘Antakshari.’ The air was filled with music, laughter, and cheerful camaraderie as students enjoyed the friendly competition. A wholesome dinner served at 9:00 p.m. brought the day to a close, marking the conclusion of another meaningful and enriching day at the Self-Learning Camp—one that beautifully blended adventure, learning, and friendship.

Glimpses of Day 3- November 4, 2025







SELF LEARNING CAMP NEWSLETTER | 2025

VOLUME IX | ISSUE 2 | NOVEMBER 5, 2025 | JUNGA



Highlights November 05 Day 4

- Power Up session
- Outdoor Activities- Rope Course, Tyrolean Traverse
- Helter-Skelter
- Night Trek
- Talent Show

UNFOLDING NEW HORIZONS OF LEARNING!

"Adventure awakens the learner within."

Day 4 of the Self-Learning Camp began with a surge of excitement as students immersed themselves in adventure activities that combined thrill with learning. Squared67 participated in the Rope Course, demonstrating agility, endurance, and effective teamwork. Meanwhile, Babu Ke Bande, took on the Tyrolean Traverse, showcasing courage, coordination, and trust in one another. These tasks not only strengthened their physical stamina but also honed communication, decision-making, and leadership skills. After lunch, the students were reorganized into four vibrant teams—Red, Blue, Green, and Yellow for the Helter-Skelter challenge featuring Ostrich Egg, Hoopla Race, Ball Transfer, and Flip the Card. The lively atmosphere resonated with laughter and enthusiasm, turning each game into an experiential lesson in cooperation, strategy, and collective accomplishment that truly embodied the spirit of learning by doing.

The afternoon feedback session became a reflective dialogue where students expressed how the camp nurtured independence, adaptability, and self-discipline. They spoke about the transformation from initial homesickness to a deep sense of belonging, as the camp gradually became their home away from home. The much-awaited Talent Show in the evening filled the atmosphere with energy and joy as students showcased their abilities in singing, dancing, mimicry, and creative acts that reflected confidence, originality, and passion. Following a hearty dinner, the Night Trek under a starlit sky offered moments of quiet introspection and awe, deepening their connection with nature. The Campfire that followed turned into a celebration of togetherness—echoing with laughter, music, and shared gratitude. The day culminated in pride and reflection as students realized how much they had grown in leadership, empathy, teamwork, and resilience.

Glimpses of Day 4 - November 5, 2025

HELTER-SKELLER				
GAMES	RED	BLUE	GREEN	YELLOW
1) OSTRICH EGG	600	1000	400-50	800
2) HOOPLA RACE	600+600	1000+1000	600+600	600+600
3) BALL TRANSFER	3000	800+500	400	600
4) FLIP THE CARD	400-50	1000+50	800	600
TOTAL	5150	5350	2800	3200
	1 st	1 st	4 th	3 rd



