



# SPIC MACAY ZONAL CONVENTION

## NEWSLETTER | February 04-05, 2023

SPICMACAY - Cultivating tradition, enriching lives

"For two days straight, the arts did reign,  
In harmony and beauty, without restrain.

SPICMACAY brought forth its wondrous show,  
A feast for senses, where art did glow.

With grace and skill, the artists danced and sang,  
Their talents woven, like a tapestry spun.

The stage was set, the night alive,  
With sounds of joy, and sights to thrive.

For two long days, the audience was blessed,  
With cultural richness, at its very best.

The magic of the arts did never cease,



Delhi Public School, Pune in collaboration with SPICMACAY Pune chapter organized a two-day west zone convention at its campus on Saturday-Sunday, 4-5 February 2023, with the goal of promoting Indian classical art forms and cultural heritage. Over 200 students and volunteers from the Western Region of India took part in the two-day ashramvas at the convention, which was curated and organised by SPIC MACAY and included conceptual & introduction sessions, group discussions, classical concerts, yoga session, talk on Theatre and intensive.

<b>SPIC MACAY</b> Society for the Promotion of Indian Classical Music And Culture Amongst Youth <b>West Zone Convention 4<sup>th</sup> to 5<sup>th</sup> Feb 2023, Delhi Public School Pune</b>	
<b>Schedule</b>	
<b>Day 1: Saturday 4<sup>th</sup> Feb</b>	
8 am - 10:15 am	Registrations & Breakfast
10:15 am - 11 am	Inauguration & Orientation
11 am - 12:30 pm	Concert: Kathak Recital by Pandita Shama Bhale Accompanied by Chandratta Phadke, Shubham Khandekar and Yeshwant Thite
12:30 pm - 01:15 pm	Lunch
01:15 pm - 01:30 pm	Movement Time to Venue
01:30 pm - 01:45 pm	Talk by Shri Abhinav Bhadkarskar (Actor and Winner, SNA award)
01:45 pm - 02:45 pm	Setting time for Intensives
02:45 pm - 3 pm	Intensive Session I
3 pm - 6 pm	Hindustani Vocal by Dr. Ruchira Kedar Kathak by Pandita Shama Bhale Wari Painting by Shri. Pravin Khase Madhubani painting by Smt. Ambika Devi
6 pm - 6:45 pm	Holistic Dinner
6:45 pm - 7 pm	Movement Time to Venue
7 pm - 8:45 pm	Concert: Sitar Recital by Padmini Ustad Shahid Parvez Khan Accompanied by Pt. Mukesh Jadhav on Tabla
8:45 pm - 9 pm	Movement Time and Snacks
9 pm	Lights out
<b>Day 2: Sunday 5<sup>th</sup> Feb</b>	
3:50 am	Wake up call
4 am - 7 am	Iyengar Yoga by Shri Rajkumar Khodake Naad Yoga
7 am - 8:45 am	Personal Time / Breakfast
8:45 am - 9 am	Setting time for Intensives
9 am - 12 pm	Intensive session II (Same as Previous day) (Parallel Meeting with Principals, Volunteers and Teachers)
12 pm - 12:45 pm	Lunch
12:45 pm - 1 pm	Movement Time to Venue
1 pm - 2:30 pm	Concert: Hindustani Vocal by Dr. Ruchira Kedar Accompanied by Ganesh Tarawade on Tabla, Aditi Garade on Harmonium
2:30 pm - 3 pm	Concluding Session and Experience Sharing
3 pm	Dispersal

## Day 1 - "Celebrating Tradition with Passion"

The inauguration of SPICMACAY was held in the multipurpose hall with a stage set up at the front. The atmosphere was filled with excitement and anticipation as the audience eagerly awaited the start of the event.

The event was marked by the lighting of a diya by the Principal, Mrs. Amita Singh and special guests, signifying the beginning of the festival and symbolizing the illumination of cultural heritage and traditions.

The programme commenced with an invocation to seek the blessings of the divine and pay homage to the motherland.



The tribute to the motherland was accompanied by the soulful rendition which set the tone for the day full of musical and the other performances. The invocation was followed by a mesmerizing Kathak presentation by Pandita Shama Bhate, one of the leading exponents of the Kathak dance form. Pandita Bhate's performance was a showcase of her exceptional skills and mastery of the Kathak dance form. She displayed incredible grace and fluidity as she danced to the rhythm of the live music ensemble, captivating the audience with her intricate



footwork, graceful hand movements, and expressive facial expressions. Her performance was characterized by remarkable energy, passion, and creativity, which inspired the audience and left them in awe.

Following that, Shri Abhiram Bhadkamkar, a multidimensional personality who is adeptly active as an actor, director, and writer, gave an interesting talk that presented a comprehensive review of the acting sector as well as theatre art and performance. He also spoke about Theater and the influence it can have on an individual's personality development. The talk was characterized by Shri Bhadkamkar's engaging and entertaining style, which held the audience's attention throughout the session.

### Workshops - "Transform your skills, ignite your passion."

The first Intensive session provided a unique and immersive learning experience, with expert artists and educators providing hands-on training and guidance. Participants got the opportunity to develop their skills, deepen their knowledge, and connect with like-minded individuals.

- The session unfolded with Dr. Ruchira Kedar giving insights into the mechanics and complexities of Hindustani singing, as well as demonstrations on the elements that would enhance an artists' performance.
- Pandita Shama Bhate took the audience on a journey of the history of dance forms, its cultural significance and implications of the dance forms.
- Shri Praveen Mhase explicated the various techniques involved in Warli painting and gave attendees the opportunity to try their hand at the art form.
- Smt. Ambika Devi enlightened the guests with an elaborate facts of Madhubani painting, including its cultural relevance, historical foundations, and numerous styles. The intense cultural session was a very fascinating experience for everyone who attended, giving them a better understanding of India's vast cultural legacy.







The holistic dinner after the intensive session was a feast for the senses, featuring a range of dishes that provided a harmonious balance of flavors, textures, and aromas. The attendees were treated to a culinary journey that displayed the diversity and richness of Indian cuisine.

Following the dinner, Ustad Shahid Parvez Khan took to the stage with his sitar, delivering an exceptional performance that showcased his mastery of the instrument. He was accompanied by Pt. Mukesh Jadhav on the tabla, who provided a solid rhythmic foundation for the performance.

The performance was received with great enthusiasm by the audience, who were captivated by the exceptional musical talent on display.

## Day 2 - "Soothing the Senses: An Experience of Yoga and Hindustani Vocal Music"

The day started at 4 am with an Iyengar Yoga session which was conducted by Shri Rajkumar Khodake and Shri Vijay Date, renowned practitioners and teachers of the discipline. The session was characterized by their exceptional skills, knowledge, and passion for the discipline. They demonstrated a range of Iyengar Yoga postures and techniques, and provided the attendees with the opportunity to practice the postures themselves under their able guidance.

Shri Vikas Bhawe and Shri Yogeshwar Sutar conducted the Naad Yoga session stressing on the connect of the sound and notes to the supreme.

The second intensive session, which began after the breakfast was also carefully curated, with a focus on providing a deep and immersive experience for the participants. It offered a complete learning experience, encompassing not just the technical aspects of the art form, but also its cultural and historical context. The sessions brought together talented artists and experts in various fields, who provided hands-on training and guidance.



The last performance of the two-day event was a thrilling conclusion to a memorable experience. Dr. Ruchira Kedar, with her soulful voice, enthralled the audience with her renditions of classic Hindustani vocal pieces. Ganesh Tanawade on Tabla and Aditi Garade on harmonium provided the perfect accompaniment to Dr. Kedar's performance, elevating the concert to new heights of musical excellence. The audience was captivated by the soulful voice of Dr. Ruchira Kedar and the intricate rhythms of the Tabla and Harmonium and left the concert with a deeper appreciation for Hindustani vocal music.

The session came to a close with a highly anticipated experience sharing session. The session provided an opportunity for attendees to reflect on the key insights and lessons learnt during the session and to share their experiences with their peers. The experience sharing session provided a fitting conclusion to the session, with attendees leaving with a deeper understanding of the topic and a renewed commitment to applying what they had learned.

The two-day SPICMACAY event at DPS Pune was a perfect blend of traditional art forms and modern interpretations, showcasing the versatility of India's rich cultural legacy and was a testament to the power of culture to bring people together.



### "Enriching Experiences: Reflections from the SPICMACAY Audience"

I am amazed by the level of talent and creativity displayed by the artists. It's heartening to see how the young generation is given an opportunity to embrace our cultural heritage and traditions and incorporate them into their lives.

-Dr. Mridusmita Gaurata

It has truly been a life-changing experience for me. The various performances and workshops have opened my eyes to the richness and diversity of our country's cultural heritage.

- Ms. Nikita Jain

I had a remarkable time at the SPICMACAY event at DPS Pune. The range of performances and workshops was extremely impressive. It was an enlightening experience to see the audience interact with renowned artists.

- Mr. Abhiram Alurkar