



# DELHI PUBLIC SCHOOL MIHAN, NAGPUR

# OCTOBER 2025

# MUSINGS





## *From the desk of our President & Pro Vice Chairperson*

Greetings and felicitations, my dear students, parents, teachers, and staff ! As I pen my musings for our e-magazine of session 2025-26, I cannot stop myself from being elated! With a dash of poetic license, I sometimes think that we were born under exacting stars, for just as we embarked on our journey in 2018, we confronted a relentless adversary...

The pandemic , but we marched on - chanting, "Per ardua ad astra".."through adversity ...to the stars"! Our award from 'The Education World' , for 'The best emerging school' is a testament to our potential.

I congratulate you on your achievement and I am certain that this is only the beginning of a glorious journey ahead. I am sure you will always rise above the curve balls that life throws at us. This pandemic has taught us about resilience and resurgence. It has taught us to charge ahead and also, to pause and to reflect. While we learnt about loss and earning, it also schooled us in valuing what we once took for granted. The lessons are infinite and the learning is timeless. Years from now, when you sit by a fireside, swapping stories of your halcyon school days, I am certain you will look back at this bygone year with reverence, for it gave us more than it took. Above all, it helped us discover ourselves, it helped us build courage and character; and of these were born stories of the invincible spirit. May your Mihan Musings always create effervescent nostalgia.

**God bless!  
Tulika Kedia**



## *From the desk of our Director*

Ah, but a man's reach should exceed his grasp, or what's a heaven for? With these lines, Robert Browning might well have been referring to Delhi Public School MIHAN's attitude towards learning - ever onward, constantly striving. Learning is perceived as a dynamic process which involves the as much as the educator. At Delhi Public School Mihan ,achieving excellence is a way of life, a credo that every Dipsite lives by, regardless of challenges and obstacles. Our dedicated team of educators under the able mentorship of our President and Vice-Chairperson, Ms Tulika Kedia,

have steered the school to new summits of success. Applause and plaudits from various quarters have only served to strengthen our commitment to provide quality education to Nagpur. These have been trying times. Educators and students alike have had to battle not merely the virus, but the inevitable fallout of the pandemic. However, just as iron is forged in the searing heat of the furnace, Delhi Public School has emerged from this crisis stronger than ever before. I laud the endeavour of the institution in releasing the e-magazine as it will reflect the diverse activities undertaken by its students. It is rightly said that "Well begun is half done". Here's to continued success - may our flag fly high!

**Savita Jaiswal**



## *From the desk of our principal*

Dear Students, Parents, and Faculty,

As we embrace another exciting academic year, I am delighted to share a moment of reflection and anticipation through our school magazine. This publication is more than just a collection of stories and achievements; it is a testament to the hard work, dedication, and vibrant spirit that define our school community. This year, we have embarked on a journey of growth and innovation, striving to create an environment where every student feels inspired to reach their fullest potential.

Our dedicated teachers continue to go above and beyond, fostering an atmosphere of curiosity and excellence. Our students, in turn, have demonstrated remarkable resilience and enthusiasm, taking on challenges with courage and creativity. In these pages, you will find highlights of our academic achievements, glimpses of extracurricular endeavours, and stories that celebrate the unique contributions of our students and staff. Each article reflects the collective effort that makes our school a special place to learn and grow. As we look forward to the rest of the year, I encourage everyone to continue embracing the values of respect, responsibility, and resilience. Let us support each other, celebrate our successes, and learn from our experiences. Thank you for your unwavering support and commitment to our school community. Together, we make every day a step toward a brighter future.

**Nidhi Yadav**

# ACHIEVEMENTS SECTION



# EDUCATION WORLD INDIA SCHOOL RANKINGS 2025-26

DPS MIHAN has been ranked as Nagpur's Number 1 in the category of 'Co-Ed Day School' by Education World India School Rankings for the session 2025-26.

Proud to lead,  
Inspired to grow!



## EDUCATION WORLD GRAND JURY INDIA SCHOOL RANKINGS 2025-26

Delhi Public School MIHAN was awarded as Nagpur's and Maharashtra's Number 1 under the category 'Great School to Teach & Learn' by Education World India Grand Jury Awards for the session 2025-26.

Excellence  
in  
teaching,  
brilliance  
in  
learning.



# GLOBAL GREEN SCHOOL AWARD 2025

Together  
we grow  
green,  
together  
we shine  
bright!

For our commitment  
towards  
sustainability we  
have been bestowed  
with the prestigious  
**Global Green School  
Award** aligned with  
UNESCO's Green  
School Quality  
Standards at the 9th  
NYC Green School  
Conference 2025.

EDUCATING FOR SUSTAINABILITY | EMPOWERING FOR IMPACT | GREENING THE FUTURE



presented to



**DELHI PUBLIC SCHOOL**

Mihan | Nagpur | Maharashtra | INDIA

In honor of your exemplary commitment to sustainability  
through transformative green teaching and  
learning practices, aligned with  
**UNESCO's Green School Quality Standards**



Powered by Law of Nature

Special Consultative Status with the

Economic and Social Council of

United Nations from 2021

**9TH NYC  
GREEN SCHOOL  
CONFERENCE-2025**

23-24 September, 2025 New York



**CONGRATULATES**



**DELHI PUBLIC SCHOOL**

Mihan, Nagpur, Maharashtra, INDIA

for securing the **7<sup>TH</sup> RANK** in the  
**NATIONAL GREEN SCHOOL RANKING 2025**

This achievement paves the way for your school's journey to the

**9TH NYC  
GREEN SCHOOL  
CONFERENCE-2025**

23-24 September, 2025 New York

held during the United Nations General Assembly and Climate Week NYC.

From your classrooms to the world stage — we look forward to  
Presenting your Leadership in Greening Education to a Global Audience.

## NATIONAL GREEN SCHOOL RANKING 2025

DPS MIHAN has been  
ranked 7th in the National  
Green School Ranking  
2025 by Green Mentors  
for its sustainability-  
centric efforts in  
education.

**A sustainable  
future begins  
with educated  
choices today.**

# CROWNED WARRIORS OF THAIBOXING STATE LEVEL CHAMPIONSHIP

On 13 October 2025 Thai boxing Championship was held at Latur, Maharashtra, wherein our Martial Arts champions bagged the 'Overall First position' for their spectacular performance.

## WINNERS IN VARIOUS CATEGORIES

### **U-14**

#### **1st place**

Sidhishan Sahoo - 56kg, Aafiya Baig - 77kg,  
Soumya Papniwar - 60kg

### **U-12**

Urvi Gagde - 38kg, Shaivie Bhagat - 40kg

### **U-11**

Aaral Borkar - 30kg, Anagha Falke - 40kg

### **U-9**

Kaivalya Pawar - 25kg, Annavya Ekka - 35kg

#### **2nd place**

U/9 Anya Kumar - 37kg, Yaggya Jaiswal

U/11 Agrima Pawar - 37kg,

Akshada Sinha - 34kg

U/15 Jash Pugalia - 50kg

U/17 Nidhyathi Bhagat - 55kg

Jash Pugalia - U/15 - 50kg

### **\*MUSICAL FORM\***

1. Hrishita Sharma U/14 - 1st place

2. Kaivalya Pawar U/9 - 1st place

3. Soumya Papniwar U/14 - 2nd place

**Victory is the reward of relentless effort and unshakable will.**



# EVENTS AND ACTIVITIES



# BE EXAM READY, NOT EXAM SCARED!

Grade V students presented an inspiring assembly highlighting that confidence and preparation are the true keys to success. They encouraged their peers to adopt active learning methods and maintain a positive mindset for better performance.



EXAM!

Confidence and preparation turn challenges into achievements.

## GANDHI JAYANTI CELEBRATION

On the occasion of Gandhi Jayanti, Grade III explored Gandhiji's life through a documentary, while Grade IV creatively wrote his timeless values on leaves, spreading the message of truth, peace, and kindness.



Be the change that brings truth, peace, and kindness to the world.



# SUBJECT ENRICHMENT ACTIVITY

Grade V students confidently spoke about their favourite sportspersons in the Subject Enrichment Activity, expressing admiration and drawing inspiration from their hard work, discipline, and sportsmanship.

**Champions  
inspire us to  
dream, work  
hard, and never  
give up.**

**ऋ की मस्तीभरी जोड़ी, शब्दों से  
जुड़ी सीख की लड़ी**

To reinforce the concept of ‘ऋ की मात्रा’, an engaging activity “ऋ की मस्ती भरी जोड़ी” was conducted where children matched pictures with ‘ऋ की मात्रा’ words and their meanings. The fun-filled task enhanced their vocabulary and understanding in an enjoyable way.

**Learning  
becomes  
joyful when  
curiosity  
leads the way**

## EXPLORING FEELINGS, ONE BLOB AT A TIME

Grade V students participated in a Blob Tree activity to build emotional awareness. By identifying characters that reflected their feelings, they engaged in meaningful conversations about emotions, fostering self-understanding and empathy.

**Understanding emotions is the first step toward understanding each other.**

## LITTLE CIRCLES, BIG FEELINGS

Grade I students participated in a calming Mandala Art session focused on emotional expression and mindfulness. Through colours and circular patterns, they explored their feelings creatively while enhancing focus, relaxation, and self-awareness.

**Art speaks where words fail—it heals, calms, and connects the soul.**

## FINDING THE GOOD IN THE CHAOS - A REFLECTIVE ACTIVITY FOR KIDS

In this uplifting session conducted by the school counsellor, children learned to find positivity even in difficult times. Through a heartwarming story and gratitude drawings, they reflected on hope, thankfulness, and emotional strength.

**Gratitude turns ordinary moments into blessings and challenges into growth.**

## UNDERSTANDING OUR EMOTIONS

Grade II students attended an interactive session by the school counsellor that focused on recognising and managing emotions. Through stories and engaging activities, they learned to express their feelings and practise calming techniques like deep breathing.

**When we understand our feelings, we learn to understand ourselves.**



## BIRDS OF JOY – LEARNING BY CRAFTING CREATIVELY

Grade II students enjoyed a fun-filled Bird-Making Activity as part of their Hindi subject enrichment task. Using colourful paper and craft materials, they created vibrant birds while enhancing creativity, focus, and fine motor skills.



**Creativity**  
gives wings to  
imagination  
and makes  
learning take  
flight.

## FESTIVE CREATIONS BY GRADE II WITH A GREEN TOUCH

Grade II students celebrated the festive spirit through creativity and sustainability. Using eco-friendly materials, they crafted vibrant DIY hangings, blending art with environmental awareness.

**When creativity  
meets care for  
nature, every  
celebration  
becomes  
meaningful.**



## TINY HANDS, BRIGHT DOTS, AND A SPLASH OF TRADITION

Grade I students joyfully created beautiful Kolam Rangoli designs as part of their EVS Subject Enrichment Activity. Through dots, patterns, and symmetry, they explored India's rich cultural heritage while enhancing creativity and fine motor skills – a vibrant celebration of art, culture, and imagination!

Creativity  
blooms  
brightest when  
tradition meets  
imagination.

## SPREADING THE GLOW OF DIWALI THROUGH ART AND IMAGINATION

Grades I and II students celebrated Diwali with creativity and cheer as they designed vibrant 'diyas' and lanterns. Their beautiful crafts reflected the festive spirit and the joy of handmade creations.

When  
creativity  
shines, every  
celebration  
glows brighter.

# STUDENTS' AND PARENTS' CORNER



# MY GARDEN



I have beautiful flowers in my garden,  
They grow on the tall green grass.  
Below the bright and shining sun,  
They sparkle like golden glass.

Many birds come chirping gladly,  
To peck the petals that have bloomed.  
The flowers dance to the tune of the wind,  
With nature's story finely tuned.

Whenever roses and violets bloom,  
My garden smells like sweet perfume.  
And when I put them in my room,  
Their fragrance fills the air till the noon.



**Megan Paul**  
**IV-D**

# SCHOOL LIFE

The smell of worn textbooks and floor wax  
Lockers doors slamming, the metallic clash  
The morning bell a harsh, demanding sound,  
Where hurried footsteps, headed towards class.

Lunchtime laughter, the canteen's roar  
Friends huddled close, discussing less and more  
Never-ending gossips, whispers coming through walls,  
Moments of freedom, which quickly pass.

Then, afternoon lectures, the clocks slow creep,  
Minds wandering off, as we struggle to keep  
Our focus on the clocks, not in Science lectures  
Eagerly waiting for dispersal song !

Stage dramas, assembly time  
Checking for the proper dressed child.  
And then calling out the names  
Praising their efforts, brightening their minds.

As the sun begins to dip and set  
We leave the building, memories we've met  
The cycle ends, tomorrow a new start  
School life's a chapter, a world of art.

**GUNDALA SRAVYA**

**XI-B**



# जिन्होंने इतिहास रचा

2 नवंबर 2025 को भारतीय महिलाओं ने  
आईसीसी महिला चैंपियनशिप के फाइनल में  
दक्षिण अफ्रीका को 52 रनों से हराकर  
इतिहास रच दिया।

यह सिर्फ एक जीत नहीं है, बल्कि खिलाड़ियों  
के इंतज़ार और कड़ी मेहनत का प्रतिफल है।  
यह विश्व कप 1976 के बाद भारत का पहला  
विश्व कप है, यानी भारत को खेलते हुए  
लगभग 50 साल हो गए हैं।

दीप्ति शर्मा और शेफाली वर्मा ने फाइनल में  
अहम भूमिका निभाई। दीप्ति शर्मा को उनके  
शानदार प्रदर्शन के लिए प्लेयर ऑफ़ द  
टूर्नामेंट चुना गया।

हरमनप्रीत कौर की अगुवाई वाली भारतीय  
महिला टीम ने पूरे टूर्नामेंट में अपना दृढ़  
संकल्प दिखाया। इस जीत से उन्होंने युवा  
लड़कियों को क्रिकेट जैसे खेलों में भाग लेने  
के लिए प्रेरित किया।

**Rithvi B**

**VII-E**



# मानवता आणि भक्तीचा दीपस्तंभ

संत साहित्य हे मराठी साहित्याचे अमूल्य रत्न आहे. संतांनी आपल्या काव्यातून भक्ती, नैतिकता आणि मानवतेचा सुंदर संदेश दिला आहे. त्यांनी समाजात प्रेम, दया आणि समतेचा प्रसार केला. त्यांच्या रचनांत ईश्वरभक्तीचा ओलावा आणि लोककल्याणाची भावना दिसून येते. संतांनी आपले विचार सर्वसामान्य जनतेपर्यंत पोहोचावेत म्हणून सोप्या आणि ओघवत्या भाषेत लेखन केले. त्यांनी अंधश्रद्धा, अन्याय आणि जातिभेद यांचा विरोध केला. संत साहित्य साधे, परंतु अत्यंत गहन अर्थ असलेले आहे. यातून सत्य, करुणा, क्षमा, आणि प्रेम या सद्गुणांचा उपदेश दिला आहे. संत तुकाराम, संत ज्ञानेश्वर, संत नामदेव, संत एकनाथ या संतांनी समाजात आध्यात्मिक जागृती घडवली. त्यांचे साहित्य आजही लोकांना प्रेरणा देते. म्हणूनच संत साहित्य हे मानवतेचा आणि भक्तीचा दीपस्तंभ मानले जाते. संतांचे साहित्य हे सर्वांसाठी असल्यामुळे ते वाचत राहिले पाहिजे. महाराष्ट्रात खेड्या गावातील घराच्या भिंतीवर संतांच्या प्रेरणास्पद ओव्या आजही लिहिलेल्या दिसतात. मनाची शांती मिळविण्यासाठी, सहज व सरळतेने जगण्यासाठी आपण संत साहित्यांचे वाचन करत राहावे.

निर्मिका बोडखे  
वर्ग - ८ वा (ड)

# भारतीय सेना के वीर

वीर जवान हैं भारत की शान,  
देश की रक्षा — इनका अभिमान।  
सीमा पर डटे सदा अडिग महान,  
हर बाधा को करते सरल-सुलभ जान।

तोप तिरंगा — दिल में जुनून,  
देश-प्रेम ही इनका कानून।  
बलिदान से रचते इतिहास नया,  
“जय हिंद” गूंजे — अमर रहे साया।

तक्ष मेश्राम

7F



# STUDENTS' AND PARENTS' ART GALLERY



# ART



VAIDEHI BELOKAR

III-F



REAN BADODEKAR

VF



YASH TIWARI

VID

ADIT BHAGAT  
VE



BHAVIK RATHI

4 C



ANVIKA BHAVE  
VID



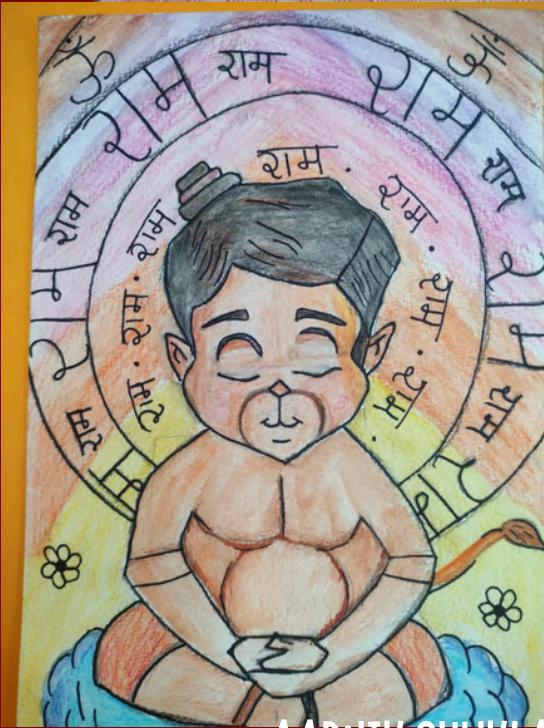
# ART

PRATYUSH BHAGAT

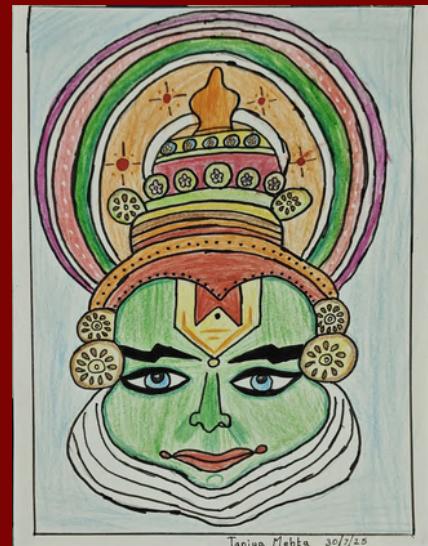
7-F



SAATVIK MATTOO  
VIE



AARNIK SHUKLA  
VIE



AAHAN BAWANE  
VID



TANIYA MEHTA  
4C



ANUSHREE SHRIVASTAVA  
V-C



# EDUCATOR'S THOUGHTS



# EXAM ANXIETY: UNDERSTANDING AND OVERCOMING THE FEAR OF TESTS



Examinations are an inevitable part of every student's journey. They help assess learning and progress, but for many, the very thought of exams brings nervousness and fear — a reaction known as exam anxiety. This emotional and physical stress can affect focus, confidence, and overall well-being if not addressed.

## Effects on Students

Exam anxiety doesn't just influence grades — it can impact both mental and physical health. Students may experience sleeplessness, irritability, loss of appetite, or a lack of motivation. In severe cases, it can lower self-esteem and lead to negative attitudes toward learning.

## Ways to Cope with Exam Anxiety

Prepare early: Regular and consistent study builds **confidence**.

Stay organized: Plan a realistic timetable and stick to it.

Be mindful: Practise deep breathing, meditation, or take short breaks to relax.

Maintain balance: Eat nutritious meals, sleep well, and stay active.

Stay positive: Replace self-doubt with affirmations like “I will do my best.”

Seek support: Talk to teachers, parents, or counsellors when feeling overwhelmed.

## Conclusion

Exam anxiety is natural, but it doesn't define a student's ability or potential. With good preparation, a calm mind, and the right coping strategies, fear can be transformed into focus. Remember — exams are milestones in learning, not a measure of one's worth.



**Nivedita J**  
**Special Educator**

## BALANCED HORMONES, BRIGHTER MINDS

Our body makes special chemicals called hormones that help us stay happy, healthy, and active. They control our mood, energy, sleep, and focus – all of which are important for students.

Serotonin keeps us calm and improves concentration. Spending time in sunlight and eating fruits like bananas can boost it.

Dopamine gives us motivation and joy when we achieve goals. Listening to music and celebrating small wins help increase it.

Oxytocin is the “love hormone” that makes us feel connected to friends and family.

Endorphins reduce stress and make us feel energetic – laughing, dancing, and exercising can raise their level.

Melatonin helps us sleep well, which is important for a sharp mind and strong immunity.

By eating healthy food, staying active, sleeping on time, and spending time with loved ones, students can keep these hormones balanced.

When your hormones are happy, you feel happier and perform better!

Moral: A healthy mind and body make a bright student life.

**Vaishali Nagmote**  
**Educator**

# चला कथा वाचन करू ..... एकजुटीचे महत्व

एका गावात पाच भाऊ राहत होते. ते सर्व मेहनती होते, पण नेहमी भांडत असत. लहानसहान कारणावरून ते एकमेकांशी बोलत नसत. त्यामुळे त्यांच्या शेताचे काम नीट होत नव्हते आणि घरातही नेहमी भांडणे होत असत.

एके दिवशी त्यांच्या वडिलांनी त्यांना एक धडा शिकवायचे ठरवले. त्यांनी पाच काठ्या आणल्या आणि एकेकाला तोडायला सांगितले. प्रत्येकाने सहज ती एकेक काठी तोडली. मग वडिलांनी त्या पाच काठ्या एकत्र बांधल्या आणि पुन्हा तोडायला सांगितले. या वेळी कुणालाही त्या काठ्या तोडता आल्या नाहीत.

वडिलांनी हसून सांगितले, “मुलांनो, एकेकटे राहाल तर लोक तुम्हाला सहज तोडून टाकतील, पण जर एकजूट ठेवलीत तर कुणाचं काही बिघडवता येणार नाही.”

त्या दिवसापासून पाचही भावांनी एकमेकांशी भांडणे थांबवली आणि एकजुटीने काम करायला सुरुवात केली. त्यांचे जीवन सुखी झाले.

**निष्कर्ष -** जर आपण सगळे मिळून राहिलो, तर कोणतीही अडचण आपल्याला हरवू शकत नाही.

- अनिल बेलोकर  
(मराठी विभाग प्रमुख)





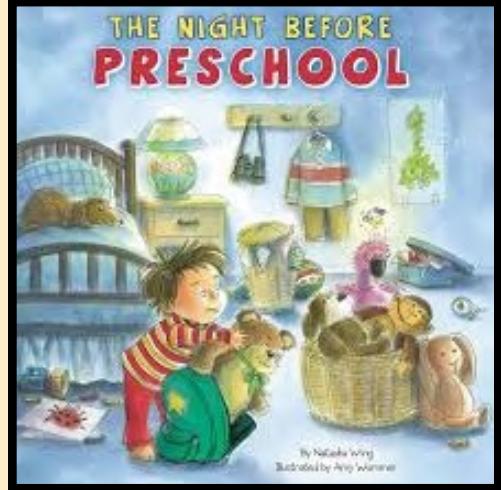
# LIBRARY AND FUN SECTION

FUNS

The word "FUNS" is written in a bold, pink, sans-serif font. It is surrounded by decorative elements: a yellow four-pointed star on the left, and a blue four-pointed star and a blue leaf on the right. The entire word is enclosed in a white scalloped border.

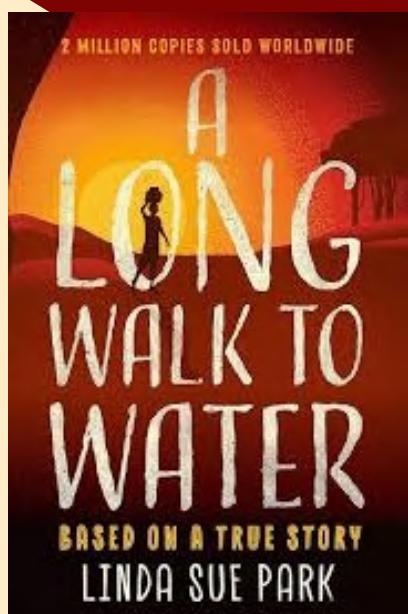
The night before preschool, and a little boy named Billy is so nervous he can't fall asleep. The friends he makes the next day at school give him a reason not to sleep the next night, either: he's too excited about going back!

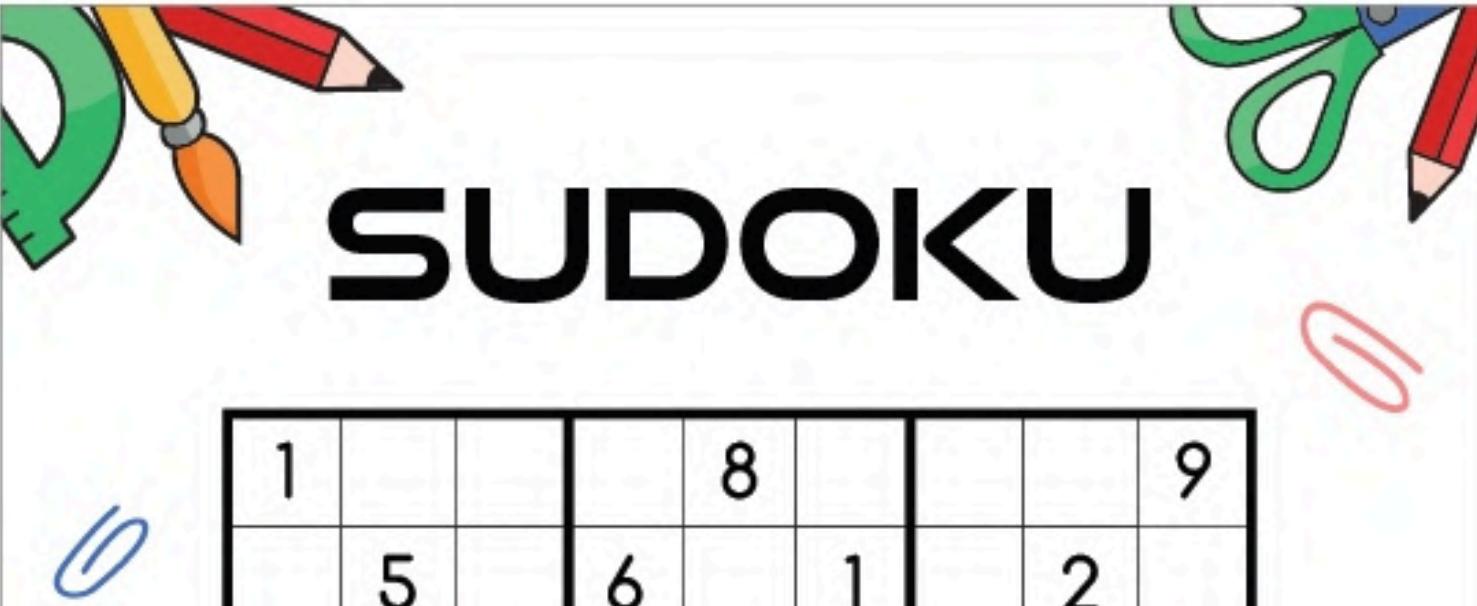
AUTHOR- Natasha Wing



The Book of Stolen Dreams is a thrilling middle-grade fantasy adventure about siblings Rachel and Robert who must protect a magical book from an evil dictator. It's praised as an epic tale of courage and hope, with a plot that is both magical and suspenseful

A Long Walk to Water is a short, powerful novel by Linda Sue Park that interleaves the parallel stories of two Sudanese children—Nya, a girl in 2008 walking for water, and Salva, a boy in 1985 fleeing civil war. The book is praised for being a moving tale of survival, perseverance, and hope, based on the true story of Salva Dut, and for its effectiveness in showing the realities of conflict and water scarcity. While it contains difficult subject matter, reviews often highlight its educational value and potential to inspire gratitude for modern conveniences





# SUDOKU

1				8				9
	5		6		1		2	
			5		3			
	9	6	1		4	8	3	
3				6				5
	1	5	9		8	4	6	
			7		5			
	8		3		9		7	
5				1				3



ANSWER KEY

5	7	2	8	1	6	9	4	3
4	8	1	5	3	2	9	5	7
9	6	3	7	4	5	2	1	8
7	1	5	9	3	8	1	9	5
3	4	6	2	4	7	1	3	2
2	9	6	1	5	4	8	3	7
6	2	4	8	9	3	7	8	1
8	5	9	4	6	5	2	1	3
1	3	7	4	8	2	6	5	9