

## DELHI PUBLIC SCHOOL KAMPTEE ROAD, NAGPUR

## GOOD TOUCH AND BAD TOUCH ACTIVITY GRADES: PRESCHOOL 4™AUGUST. 2025

As a part of the school's ongoing commitment to student safety and well-being, a special session on Good Touch and Bad Touch was conducted by the school counsellor for the students of preschool of Delhi Public School Kamptee Road, Nagpur. The session aimed to empower the young learners with essential knowledge about personal safety and body autonomy.

Through age-appropriate storytelling, engaging visuals and puppet play, the counsellor gently introduced the students to the difference between safe and unsafe touches. The concepts were explained using simple and reassuring language, helping the students understand how to recognise feelings of discomfort, say "No," and speak to a trusted adult if needed.

The session also included a meaningful discussion on the idea of a 'safe circle'—a group of adults, the students can trust and confide in. The activity reinforced the message that 'your body belongs to you', encouraging self-awareness and confidence.

It was heartening to see the students participate actively and respond thoughtfully. The session proved to be a vital step in building awareness and equipping our young learners with life skills that foster safety, trust, and emotional well-being.





**BAD TOUCH** 











## **Understanding Safe Boundaries**

With clear rules like 'No-Go-Tell'—Say NO, get away, and TELL a trusted adult—students learn practical strategies to protect themselves. Roleplays reinforce that any touch that makes them uneasy deserves a response and reporting.