



DELHI PUBLIC SCHOOL KAMPTEE ROAD, NAGPUR

**NUTRITION WEEK
15TH TO 19TH DECEMBER, 2025**

Delhi Public School Kamptee Road, Nagpur organised the Nutrition Week for the students of Grade Nursery from 15th to 19th December, 2025. The initiative aimed to promote healthy eating habits and create awareness about the importance of nutritious food in a fun and engaging manner. Each day of the week focused on different fruits and vegetables, supported by a thoughtfully planned menu.

Throughout the week, the students brought healthy tiffin items such as fresh fruits, vegetables, dry fruits and homemade food according to the daily schedule. The teachers explained the benefits of each food group in a simple and age-appropriate way, helping the students understand how healthy food helps them grow strong and active. The colourful tiffins and interactive discussions made the learning experience enjoyable and meaningful.

The Nutrition Week successfully helped the students develop an early understanding of the value of good food choices. The activity encouraged positive eating habits and reinforced the message that eating right helps them grow bright, making the week both educational and joyful for the young learners.



DELHI PUBLIC SCHOOL

**Healthy
Eating**



**Nutrition
Week**



Nutrition Week: Growing Healthy, Growing Happy!

Delhi Public School Kamptee Road, Nagpur celebrated Nutrition Week for Grade Nursery from 15th to 19th December, 2025 with great enthusiasm and joy.

Through colourful tiffins, daily themes on fruits and vegetables and simple explanations by teachers, the young learners were introduced to the importance of healthy eating. The week-long initiative made learning about nutritious food fun and meaningful, encouraging good food habits and helping the children understand that eating right helps them grow strong, active and happy.