



# **DELHI PUBLIC SCHOOL**

## **KAMPTEE ROAD, NAGPUR**

### **ASSEMBLY: BREAKING NEGATIVE PATTERNS**

**8<sup>TH</sup> JANUARY, 2026**

The students of Grade IX C conducted a thoughtful and inspiring morning assembly on the theme 'Breaking Negative Patterns', emphasizing the importance of quitting bad habits, wrong traditions and unjustified rituals to lead a successful and smooth life.

The assembly commenced with a warm welcome, followed by a prayer and a thought for the day, setting a positive tone for the morning. The central focus of the assembly was a well-defined explanation of the phrase 'Breaking Negative Patterns' presented by the students of Class IX C. The students presented a beautifully choreographed dance performance to add more flavour to the spirit of the concept. Following the introduction and dance performance, a few students presented informative speeches and quotes explaining the importance of the topic.

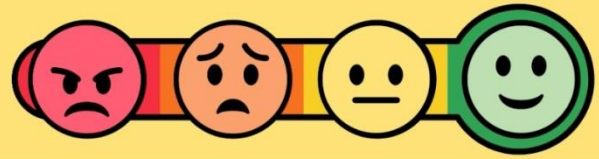
The Principal, Ms. Yogeeta Umalkar, appreciated the efforts of the students for organising such a meaningful assembly, encouraging everyone to break bad habits and wrong traditions to achieve success in life.

The assembly concluded a powerful message that we can get rid of our old wrong traditions and bad habits by keeping the spirit of Breaking Negative Patterns to succeed in life. The assembly was very informative and showcased the hard work of the students.



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KAMPTÉE ROAD, NAGPUR

## BREAKING NEGATIVE PATTERNS



### Breaking Free for a Better Tomorrow

The morning assembly presented by Grade IX-C at Delhi Public School Kamptee Road, Nagpur on 8th January, 2026 thoughtfully highlighted the theme 'Breaking Negative Patterns'. Through a blend of prayer, meaningful reflections, expressive dance and well-articulated speeches, the students conveyed the importance of overcoming harmful habits and outdated traditions. The presentation encouraged self-awareness, positive thinking and personal growth among the audience. Appreciated by the Principal, Ms. Yogeeta Umalkar, the assembly left a strong message that embracing change and breaking negative cycles is essential for leading a successful and balanced life.