



DELHI PUBLIC SCHOOL

KAMPTEE ROAD, NAGPUR

NUTRI-TALK ACTIVITY GRADE: NURSERY
30TH JANUARY, 2026

Delhi Public School Kamptee Road, Nagpur conducted an engaging Nutri-Talk Activity for the students of Nursery on 30th January, 2026. The activity was organised in the form of a healthy debate, making learning about food and nutrition both interesting and interactive for the young learners.

The students participated enthusiastically and confidently and shared their views. Some students spoke in favour of the given food items, explaining their nutritional benefits when consumed in the right quantity, while others spoke against them, highlighting how excess consumption can turn even healthy food into junk food. This approach helped the students understand the importance of moderation and balance in their daily diet.

The activity successfully promoted awareness about healthy eating habits and encouraged the students to make better food choices from an early age. Overall, the Nutri-Talk Activity was informative, enjoyable and effective in reinforcing the value of balanced nutrition among the students.



DELHI PUBLIC SCHOOL
KAMPTEE ROAD, NAGPUR

NUTRI TALK



Building Healthy Habits Through Nutri-Talk

Delhi Public School Kamptee Road, Nagpur conducted an engaging Nutri-Talk Activity for Nursery students on 30th January, 2026, turning nutrition learning into a fun and interactive experience. Through a child-friendly debate format, the students confidently shared views on healthy foods, understanding their benefits and the importance of moderation. The activity effectively introduced the concept of balanced eating, encouraged mindful food choices and nurtured awareness about healthy habits from an early age, making learning both meaningful and enjoyable.