



DELHI PUBLIC SCHOOL KAMPTEE ROAD, NAGPUR



WORLD HEART DAY ACTIVITY

29TH SEPTEMBER, 2026

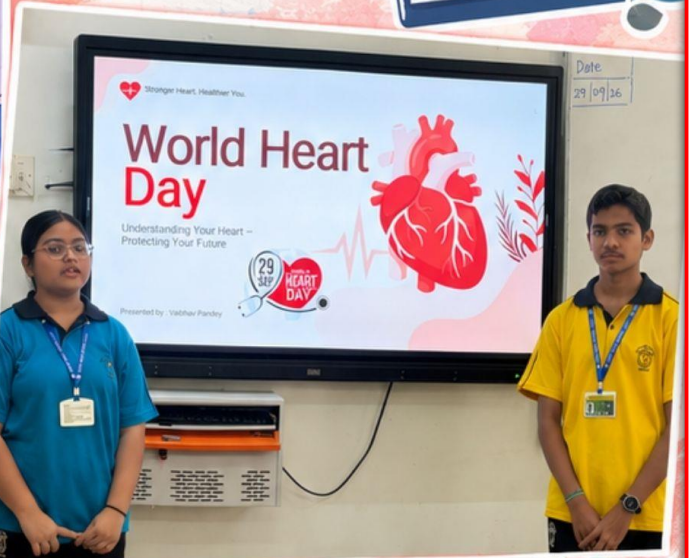
Delhi Public School Kamptee Road, Nagpur organised an engaging awareness activity on the occasion of World Heart Day for the students of Grades IX and XI on 29th September, 2026. The initiative aimed to create awareness about heart health and encourage the students to adopt healthy and preventive lifestyle practices.

The students of Grade IX showcased their creativity by designing colourful and meaningful quotes highlighting the importance of heart health and healthy living. The students of Grade XI presented an informative PPT covering various aspects of cardiovascular health, including heart diseases, risk factors, healthy eating habits, physical activity, stress management and preventive measures.

The activity provided the students with valuable insights into the importance of maintaining a healthy heart and making informed lifestyle choices. Overall, the initiative was informative and engaging, inspiring the students to prioritise their well-being.



DELHI PUBLIC SCHOOL
KAMPTÉE ROAD, NAGPUR



♥ Young Hearts, Healthy Choices - World Heart Day

On the occasion of World Heart Day, students of Grades IX and XI participated in meaningful awareness activities aimed at promoting heart health and healthy living. Through informative PowerPoint presentations, creative posters and inspiring quotes, the students highlighted the importance of a balanced diet, regular physical activity, stress management and heart-healthy habits. The activities encouraged students to explore, understand and share valuable information about cardiovascular health while showcasing their creativity, research and presentation skills.