

Holiday Homework
Class XI -HUMANITIES

ENGLISH: Prepare a short play on the basis of reading of the chapter BIRTH highlighting the core value Attitude of gratitude .

हिंदी आधार:

- तुलसी कृत रामचरितमानस के सबसे छोटे कांड के प्रमुख अंशों को पढ़कर उसकी कथावस्तु 200-250 शब्दों में लिखिए।
- वार्षिक परियोजना कार्य पूर्ण कीजिये।

MATHS: Revise Trigonometric function ,Probability, Sequence and series, Straight lines, Binomial theorem, Statistics ,Linear Inequalities, Introduction to 3D, Complex number.

Prepare a project on any topic.

HISTORY:

- 1 Prepare 'Paths to Modernization 'chapter for classroom teaching.
- 2 Prepare 10 MCQs on the topic.
- 3 Write a passage thanking someone from your class for his/her support.

GEOGRAPHY: Prepare an assignment on Geoheritage sites of India, Explain in brief any 1 of them.

POLITICAL SCI:

Prepare a project file in which a minimum ten popular verdicts of the Supreme Court are given in the last six months.

PSYCHOLOGY:

Interview 5 different people in your surrounding and find out their primary motivation factors. Determine what is their level of need as per Maslow's Hierarchy of Needs.

BANKING: Project File: Prepare a 15-20 page handwritten project on topics like 'Digital Banking,' 'Financial Inclusion,' 'Role of Banks in Economic Development,' or 'E-Commerce & Banking'.

MUSIC: Hindustani music vocal

1. Recitation of the thekas of teental Ek Taal chautal Dugun Tigun and Chauhan keeping Taal with a hand beats .

2. one devotional song practice in rag bharavi.

Food production: Chapter no 8: method of cooking: section: effect of heat on vegetable till question answer

. Summary

. Question answer

. Self written notes

YOGA skill subject (841)

UNIT- 3

YOGA FOR HEALTH PROMOTION-I

Topic:

*Role of yoga for health promotion

*Yogic attitude and practices

*Holistic benefits of yoga .

*Development of personality. traits through yogic attitude and practices .

*Introduction to yogic diet.

*Concept of aahara.

*Digestive system & Respiratory system.

△ Students read the chapter thoroughly and make self handwritten notes in the subject copy.

Hin.Per.Ins 036 (Tabla)

1. Write the theka of Ektaal & Chartaal in Thah, Dugun, Tigun & chaugun laya with tala notation system ?
2. Which present day artist of tabla impresses you with his/her style of playing?

Painting:

Create posters with powerful slogans on one of these important topics.

Choose any one topic of your choice and make a colourful poster.

Note - Use art file paper or A3 /A4 sheet for this work.

Topics are

- Zero Garbage
- Water Saving
- Electric Saving
- No Wastage
- No Littering
- Save Trees
- Reduce Plastic Use
- Recycling
- Climate Change Awareness
- Wildlife Conservation

Let your creativity shine and inspire others.

Physical Education(048)**Holiday Homework (Activity Based)****Activity 1: Daily Physical Fitness Routine**

Write its Objective:

Procedure:

Activity 2: Yoga Practice

Objective:

Procedure:

Practice Tadasana and Vrikshasana daily.

Hold each asana for 20–30 seconds.

Repeat each asana 3 times.

Outcome:

Benefits:

Activity 3: Play any y Sports and write it's Skill Practice (Example Football, basketball, badminton etc.)

Objective:

Procedure:

Outcome:

Activity 4: Fitness Record Chart

Date

Activity Performed

Time (Minutes)

Outcomes

Remarks

Write in a project file .

Mass Media

Make a small video on the effect of winter on poor people (Document people on streets on how they warm themselves and their lifestyle during winters.)

Subject: AI

Prepare a power point on Linear regression, multiple regression and KNN explaining their utility and scope in ML.