



Montfort
School Delhi

SYLLABUS
2026-27
CLASS-I

ENGLISH

BOOKS - FLOWERS (Part 1&2)

GRAMMAR CONNECT, FLOWERS WORKSHEETS

S.N O	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY (LEARNER CENTERED)	ART INTEGRATED / OTHER ACTIVITIES
TERM – 1						
1.	1-15 APRIL		10	L1- The Mango Tree	Experiential Learning	• Join the dots – Pg-12
2.	16-30 APRIL		12	L2- Hoppity, Hop! Splash, Splash! Poem- The Little Rabbit	Story Telling Recitation Method	• Flashcard- Rabbit
3.	1-15 MAY		11	Grammar Punctuation Sentences	Use of Multimedia	• Flowers Worksheets –Pg-3
4.	16-27 MAY		12	Grammar Nouns & Alphabets Vowels & Consonants	Playway	• Game-Noun Hunt • Flowers Worksheets –Pg-7, 10
5.	1-15 JULY		5	Grammar Change the Gender	Questionnaire	• Flash Cards
UNIT TEST-1 (SECOND WEEK OF JULY)						
6.	16-31 JULY		12	L-3 Happy Birthday Grammar Opposites This/That/These/Those Is/Are/Am	Hands on learning	• Birthday Card Making • Flowers Worksheets –Pg- 10, 26, 11
7.	1-15 AUG		9	L-4 Bobby and Robby Grammar Has/Have Pairing words	Story Telling Method	• Making a fruit Chaat • Flowers Worksheets –Pg- 15
8.	16-31 AUG		12	Grammar Vowels Poem-My Garden	Demonstration Field Trip	• Bird Watching
9.	1-15 SEP		6	Grammar He/She/It	Drill and practice	• Underline the Pronoun
HALF YEARLY EXAMINATION (MID SEPTEMBER)						
TERM – 2						

HINDI

हिंदी पाठ्यपुस्तक - नया सवेरा

क्रमांक	काल	पाठ / विषय	शिक्षण अवधि	पाठ्यक्रम कला	पूर्ति शिक्षार्थी केंद्रित शिक्षा शास्त्र	एकीकृत गतिविधि
TERM – 1						
1	1-15 APRIL		12	अ मात्रा नहीं होती	खेल विधि परिचर्चा विधि	अ वर्ण से पीपल का पत्ता बनाकर रंग भरो
2	16-30 APRIL		12	अ मात्रा नहीं होती (क्रमशः) आ की मात्रा	उच्चारण विधि अनुकरण विधि	आ से बनने वाले फल एवं सब्जियों का सलाद
3	1-15 MAY		12	आ की मात्रा (क्रमशः) सब्जियों के नाम	चित्र विधि नियतकार्य विधि	सब्जियों के चित्र बनाकर उनके नाम लिखो
4	16-27 MAY		11	यातायात के साधन कविता - आओ गिनती सीखें -Pg 60	खेल विधि लयात्मक विधि	नाव का चित्र बनाकर रंग भरो
5	1-15 JULY		6	पुनरावृत्ति	खोज विधि चर्चा विधि	छाते का चित्र बनाकर रंग भरो
UNIT TEST-1 (SECOND WEEK OF JULY)						
6	16-31 JULY		12	इ की मात्रा फलों के नाम	कहानी विधि गीतात्मक विधि	फल से बनने वाले व्यंजनों के नाम जानें और उन्हें अपनी आहार तालिका में शामिल करें
7	1-15 AUG		12	ई की मात्रा रंगों के नाम	क्रियात्मक विधि	मछली का चित्र बनाकर रंग भरे
8	16-31 AUG		12	उ की मात्रा कविता – हाथी Pg - 50	संवादात्मक विधि संगीतात्मक विधि	उ वर्ण से सेब का चित्र बनाकर रंग भरे
9	1-15 SEP		6	उ की मात्रा (क्रमशः) पुनरावृत्ति + सब्जियों के नाम	विचार विमर्श विधि	इंद्रधनुष के रंगों के नाम जाने और चित्र में रंग भरे
HALF-YEARLY EXAMINATION (MID SEPTEMBER)						
TERM – 2						
10	24-30 SEP		12	ऊ की मात्रा	चित्र विधि वर्ग समूह विधि	घर में पाई जाने वाली वस्तुएँ कक्षा में लाए और दिखाए
11	1-15 OCT		12	ऊ की मात्रा (क्रमशः) ए की मात्रा + उल्टे अर्थ वाले शब्द	मुक्त अधिगम विधि	कागज़ की प्लेट से सूरज बनाए

12	16-31 OCT		12	ए की मात्रा (क्रमशः)	खेल विधि परिचर्चा विधि	ए की मात्रा से बनने वाले शब्द जैसे केले और सेब की चाट बनाकर खाए
13	1-15 NOV		12	ऐ की मात्रा स्त्रीलिंग पुल्लिंग	संख्या गणना लेखन विधि	हाथ की उँगलियों पर संख्या गिनने का अभ्यास करें
14	16-30 NOV		12	कविता - उड़ी पतंग Pg - 81 पुनरावृत्ति	गीतविधि	दिए गए शब्द का चित्र बनाकर वाक्य लिखो
UNIT TEST-2 (FIRST WEEK OF DECEMBER)						
15	7-15 DEC		6	ओ की मात्रा जानवरों के नाम	सतत अनुकरण विधि	हाथ की छाप से मोर बनाए
16	16-31 DEC		12	ओ की मात्रा (क्रमशः) औ की मात्रा	अनुमानी विधि	अपने मनपसंद खिलौने का चित्र बनाकर रंग भरो
17	8-15 JAN		6	अं की मात्रा सप्ताह के दिन	अनुस्वार विधि	मम्मी की बिंदी वर्णों पर लगाए
18	16-31 JAN		12	अँ की मात्रा + गिनती १ - १० कविता - आओ मिलकर काम करें Pg - 68	अनुनासिक विधि	रात के आकाश का चित्र बनाकर उसमे चाँद बनाओ और रंग भरो
19	1-15 FEB		12	पुनरावृत्ति + उल्टे अर्थ वाले शब्द	चर्चा विधि	शब्द सीढ़ी
ANNUAL EXAMINATION (MID OF FEBRUARY)						

MATHEMATICS

BOOKS: FLOWERS (PART 1 & 2)

FLOWERS WORKSHEETS AND RAPID FIRE

S. NO.	DURATION	CHAPTER /TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART INTEGRATED/OTHER ACTIVITIES
TERM – 1						
1.	1-15 APRIL		10	Pre-Number Concepts	Play- way Method	Rapid Fire Book- Page 3 (In The Park)
2.	16-30 APRIL		12	Lesson – 1 Numbers up to 50	Explanatory method	- Match with Number Names (Worksheet) - Rapid Fire Book- Page 6 and 7
3.	1-15 MAY		11	Lesson – 1 Numbers up to 50	Experiential Learning	- Abacus with bindis (Worksheet) - Flowers Worksheets - Pg. No. – 37 and 38
4.	16-27 MAY		12	Lesson – 1 Numbers up to 50 (Revision)	Play – way Method	- Flash Cards for 1-20 (Page 77) - Rapid Fire Book- Page 8, 9, 10, 11 and 12
5.	1-15 JULY		5	Lesson – 4 Numbers up to 100	Experiential Learning	- Making bundle of 10 - Rapid Fire Book- Page 44 to 48 - Flowers Worksheets Pg. No. – 43 and 44
UNIT TEST-1 (SECOND WEEK OF JULY)						
6.	16-31 JULY		12	Lesson -2 Addition up to 20	Activity Method	- Addition Table of 1 (Worksheet) - Rapid Fire Book- Page 13,14 and 15 - Flowers Worksheets Pg. No. – 39 and 40
7.	1-15 AUG		9	Lesson -2 Addition up to 20	Value Based	- Flowers Textbook Page – 85 Values - Rapid Fire Book- Page 16, 17 and 18
8.	16-31 AUG		12	Lesson-3 Subtraction up to 20	Value Based	- Flowers Textbook Page-93 Values - Rapid Fire Book- Page 19 to 23
9.	1-15 SEP		6	Lesson- 3 Subtraction up to 20 Lesson -1 Numbers up to 50 (Revision)	Use of Multimedia	- Addition and Subtraction Videos - Flowers Worksheets Pg. No. - 41 and 42 - Rapid Fire Book- Page 34 to 38
HALF-YEARLY EXAMINATION (MID OF SEPTEMBER)						
TERM – 2						

BOOKS : FLOWERS (PART 1 & 2)
FLOWERSWORKSHEET

S.NO	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY (LEARNER CENTERED)	ART INTEGRATED / OTHER ACTIVITIES
TERM – 1						
1.	1-15 APRIL		6	Lesson-1 My Body	Demonstration Method	Enjoy the action song Head and Shoulders, Knees and Toes
2.	16-30 APRIL		6	Lesson-1 My Body Lesson-2 The Food We Eat	Experiential Learning	- Close your eyes and point out the body parts and sense organs - Flowers Worksheets Pg-57,58 - Sandwich Making (Saturday) Flowers Worksheets Pg- 59,60
3.	1-15 MAY		6	Lesson-4 Clean, Fit and Healthy (Activity)	Project Based	Paste pictures of things that help us to stay clean and healthy. Flowers Worksheets Pg-63,64
4.	16-27 MAY		6	Lesson-3 The Clothes We Wear (Activity) Revision	Play-way Method	Bring a t-shirt and jeans and learn how to fold the clothes. Flowers Worksheets Pg-61,62
5.	1-15 JULY		6	Revision Lesson-5 I Love My Family	Use of multimedia	Family Song https://youtu.be/oW5muGdzNIE
UNIT TEST-1 (SECOND WEEK OF JULY)						
6.	16-31 JULY		5	Lesson-5 I Love My Family	Project based	- Draw a family tree and paste pictures of your family members. - Flowers Worksheets Pg-65,66
7.	1-15 AUG		6	Lesson-6 Home Sweet Home	Group Discussion	THINKING TIME What will you do to make your home a more loving place?
8.	16-31 AUG		6	Lesson-6 Home Sweet Home Lesson-7 My School (Activity)	Experiential Learning	- Arrange the things found in different rooms (Worksheet) - Field Trip of the school Flowers Worksheets Pg-69,70
9.	1-15 SEP		6	Lesson-8 Let's Celebrate (Activity) Revision	Project based	Draw and colour the scene of your favourite festival. Flowers Worksheets Pg-71,72
HALF YEARLY EXAMINATION (MID SEPTEMBER)						
TERM – 2						

VALUE EDUCATION

BOOK: RIGHT IS RIGHT

S.NO	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY (LEARNER CENTERED)	ART INTEGRATED / OTHER ACTIVITIES
TERM – 1						
1.	1-15 APRIL		2	What is prayer?	Art Integrated	Write a short prayer.
2.	16-30 APRIL		2	My Family	Discussion Method	Make a family tree.
3.	1-15 MAY		2	God Knows Everything	Art Integrated	Draw two things God has given you.
4.	16-27 MAY		2	Parents are God's Gift	Play way Method	Make a thank you card for your parents.
5.	1-15 JULY		2	My Grandparents	Discussion Method	Paste picture of your grandparents.
UNIT TEST-1 (SECOND WEEK OF JULY)						
6.	16-31 JULY		2	Learning Manners	Discussion Method	Write two sentences on how we should treat our grandparents in practice copy.
7.	1-15 AUG		2	Mummy Dearest	Art Integrated	Paste a childhood picture of your mother.
8.	16-31 AUG		2	Good Friends	Discussion Method	Write two things you like doing with your friends.
9.	1-15 SEP		2	Good Habits at Home	Experiential Method	Clean your room
HALF YEARLY EXAMINATION (MID SEPTEMBER)						
TERM – 2						
10.	24-30 SEP		1	Good Manners in the Classroom	Experiential Method	Keep your classroom table clean.
11.	1-15 OCT		2	Good Habits on the Road	Discussion Method	Draw and colour the traffic light.
12.	16-31 OCT		2	Cleanliness	Experiential Method	Help your mother clean the kitchen and fold your own clothes.
13.	1-15 NOV		2	Please, Sorry, Thank You	Activity Method	Make a thank you card for your parents and grandparents.
14.	16-30 NOV		2	Courage	Discussion Method	Play the game 'Truth or Dare'.

UNIT TEST - 2 (FIRST WEEK OF DECEMBER)

15.	7-15 DEC		2	Sharing is Love	Experiential Method	Share old toys/books with the needy children.
16.	16-31 DEC		2	Be Kind to Animals	Experiential Method	Feed the hungry birds.
17.	8-15 JAN (1-7 JAN WINTER BREAK)		1	My Country	Activity Method	Draw our Indian National Flag.
18.	16-31 JAN		2	My Country	Activity Method	Draw our Indian National Flower.
19.	1-15 FEB		2	Revision	Quiz Method	Card Making

ANNUAL EXAMINATION (MID FEBRUARY)

GENERAL KNOWLEDGE

BOOK : THE WORLD AROUND ME – 1

S.NO	DURATI ON	CHAPTER / TOPIC	NO. OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY (LEARNER CENTERED)	ART INTEGRATED / OTHER ACTIVITIES
TERM – 1						
1.	1-15 APRIL		2	Lesson 1 All About Myself (Activity) Lesson-2: India Our Country	Demonstration Method Quiz Method	Head,Shoulder,Knees and Toes- Rhyme Song activity National Anthem Lesson -3 Our National Leaders
2.	16-30 APRIL		2	Lesson -5:Historical Places (Project)	Role Play Method	Lesson-4 Our National Festivals Dance Activity Lesson-7 Places of Worship Fancy Dress Activity
3.	1-15 MAY		2	Lesson-9:India the Fairylnd (Activity)	Play Way Method Story Telling Method	Lesson 8-Rhyme Time Recitation Activity Lesson -13 Playing Games Real life experiences
4.	16-27 MAY		2	Lesson-20 Fresh Vegetables	Demonstration Method	Salad Making Mask Making Activity
5.	1-15 JULY		2	Lesson-21:Bouquet for Ruchi	Quiz Time Role Play Method Singing Method	Lesson-14 Super Heroes Lesson-15 Cartoon Network
UNIT TEST-1 (SECOND WEEK OF JULY)						
6.	16-31 JULY		2	Lesson -6:Time to Celebrate Lesson-10:Making New Words Lesson -11:Fun With Words	Quiz Method Activity Method	Make quiz cards Lesson-16 The Sound of Music Solve the grid Lesson-17 Celebrities Kaun Banega Crorepati Game
7.	1-15 AUG		2	Lesson-12:Indoor Games	Play way method Audio-Visual Method	Jhenga Activity Lesson -18 Rapid Fire-1
8.	16-31 AUG		2	Lesson 22:Domestic Animals	Activity Method Field Trip	Lesson-19 Sweet and Healthy A visit to Delhi Zoo
9.	1-15 SEP		2	Lesson 25:Animal Babies	Smart -Class Quiz Method	Lesson-23 Wild Animals Lessom-24 Some More Animals
HALF YEARLY EXAMINATION (MID SEPTEMBER)						

TERM – 2						
10.	24-30 SEP		1	Lesson-30 Our Body-1	Play way Method	Lesson 26:Birds Lesson 27:Home Sweet Home
11.	1-15 OCT		2	Lesson 31:Our Body-2	Activity Method Group Learning Method	Colour the pictures of creepy insects Lesson 29:Creep Crawlies My sense organs song
12.	16-31 OCT		2	Lesson 32:Going Places(Project)	Hands on learning	Lesson 33:Making Life Easy DIY mobile phone with a small gift box
13.	1-15 NOV		2	Lesson 34:Up in the Sky	Riddle Method Quiz Method	Lesson 35:Sunny or Rainy? Lesson 36:Rapid Fire-2
14.	16-30 NOV		2	Lesson-37:The Colourful World(Activity)	Play way method Discussion Method	Card Making Lesson-38:In the Bedroom A visit to your house
UNIT TEST - 2 (FIRST WEEK OF DECEMBER)						
15.	7-15 DEC		2	Lesson-28:Animals Talk	Explanatory Method	Make sounds of animals Lesson-42:Great Initiative Who am I ?-Game
16.	16-31 DEC		2	Lesson-39:Where Do They Belong Lesson-40:They Help Us	Play way method	Drawing Activity Lesson-43:Political Leaders of the World Clean the classroom and decorate it.
17.	8-15 JAN		2	Lesson 41: Good Habits Bad Habits	Activity method	Lesson-44:Find What is Missing
18.	16-31 JAN		2	Lesson-45:Days of the Week	Project method Odd one out	Lesson-46:Months of the Year Lesson-47:I do not Belong Here
19.	1-15 FEB		2	Lesson-48:The Number Game	Play way method QuestionnaireM ethod	Lesson-49:Materials Lesson-50:Pairs Pictionary making
ANNUAL EXAMINATION (MID OF FEBRUARY)						

GAMES

MONTH	TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY	ACTIVITY
April/May	13	Warming up Exercises. Jogging Arm Rotation Shoulder Rotation Wrist Rotation Body weight squats Cobra pose Banded row Recreational activity	Observation based Practical based. Explanation and Demonstration method	To warm-up the body 2mints Jogging, 2 mints jumping (on the spot). Exercises..Arm ,Neck, shoulder, Waist, legs.dog on the pond, fire in the mountain, fun games etc.
July	9	<u>Line Formation</u> How to stand How to make a line How to come in line How to go in line Stand at Ease Attention	Explanation method Demonstration method	Basic skills of line formation, Discipline.
August	9	<u>BMI</u> Height Weight Benefits of BMI Soccer basics(kicking)	Explanation method Demonstration method	Calcuation of BMI <u>Body weight</u> Height xHeight Observe and practice every day physical Exercises to keep your mind and body fit.
September	9	<u>Standing Broad Jump</u> Starting position Arm swing Jump Landing	Demo based Practice based Observation based	After jogging and warming up exercise fundamental skills of standing broad jump
October	9	<u>Ball Throw</u> Grip Stance Arm position Throwing motion Follow through Shuttle-Run (50 yard), 60 mtr race, skipping race etc.	Observation based Practical based method Explanation method Demonstration method Practice method	Basic skills of bal throw Arm rotation exercises for throwing actions Take Two cones and put on the floor. distance should be according to your space. stand one side of the cone.
November	9	Wall throw Starting position Arm swing Jump Landing 50 mtr Race (Intersection activity)	Explanation based Observation based. Practice based Demonstration method	Arm and shoulder exercise and learning the physical fitness through activity

December	9	50mtr Race Starting position Arm movement Foot placement Posture	Explanation method Demonstration method	Fundamental skills of Athletics Medium start and Elogated start Concentration based
January	8	Balance and co- ordination Flexibility Hand-Eye co-ordination Throwing and Catching Foot –Eye co-ordination Balloon Activity intersection	Creativity based Explanation method Demonstration method Competitive based skills	Practice of skills like Hand, Arm , Eye, Foot co- ordinations, Balance.
Februry/March	9	Kicking/ Dribbling Skipping and Hoping Relay races Basketball(Dribbling)	Practice based. Creativity Based Evaluation based Explanation method Demonstration	Practice the different formats of races under proper guidance to make their body flexible and fit everyday.

MUSIC

DURATION	NO. OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY	ACTIVITY
April - May	8	1. Prayer Song- Praise him 2. Action Songs – I’m so happy, I might be small	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing
July – August	8	1. Prayer Song - Showers of Blessings 2. Action Song - Everyday I go to school 3. All things bright and beautiful 4. National Song	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing, Group Activities
September – October	8	1. School Anthem 2. Prayer Song - Tu hi data 3. Bind us together	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing
November – December	8	1. School Anthem 2. Love the lord 3. Christmas Carols	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing, Group Activities
January - February	8	1. School Anthem 2. National Anthem 3. Prayer Songs - We shall overcome , Everything I am 4. Folk Songs	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Group Activities

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.

DANCE

DURATION	NO OF TEACHING PERIODS	SYLLABUS	PEDAGOGY	ACTIVITY
April - July	10	Warm up dance exercises - Arm Movement - Waist Movement - Leg Movement - Neck Movement - Recapitulation of steps learnt Special Assemblies	Practice daily with counts	Children can select any rhythmic music and coordinate the dance exercises
August	4	Namaskar Guru Vandana Aerobics on Bollywood songs - first stanza	Narrate Guru Vandana and write it down	Use dance exercises probes like water bottles, elastic bands, gym balls, balls to combine with steps
September - October	6	Bollywood songs Stanza 2 Recapitulation of all the steps learnt with counting and music/songs	Wear traditional costume	This is the month of festivals. Children can perform during these days.
November	4	Free style dance	Watch YouTube videos and perform	Practice dance steps with counts and music
December - January	6	Free style dance (Continued)	Watch videos of famous dancers	Practice the dance with music
February	4	Folk based Bollywood Dance	Wear any folk costume and practice dance steps	Combine their dance steps with folk dance probs like - Dandiya sticks, Matka, Manjeera

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.

ART

MONTH	NO. OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY (LEARNER CENTERED)	ART INTEGRATED/OTHER ACTIVITIES
April	8	Drawings with geometrical shapes/ Page no.3 in Creations	Observation based Creativity based	1, Paper Pasting: Cut coloured paper in different shapes to make scenery. 2. Observe different shapes and try to make more drawings.
May	8	Vehicles Drawing./ Page no.5&6 in Creations	Explanation based Observation based	1. Draw any two transport and do thumb painting inside it 2. Discussion about traffic rules and signs with flash cards.
July	8	Flowers Drawing/ Page no 7 and 9 in Creations	Discussion based Creativity based	1. Draw any two flowers and do bindi pasting in it. 2. Paste pictures of any two flowers and colour the background.
August	8	Rakhi Making and Independence day drawing/ Page no.10 and 11 in Creations	Observation based Creativity based	1. Draw nice rakhi and decorate it to make it attractive. 2. Make national flag and do colours with ear bud.
September	8	Birds drawing Teachers day activity/ Page no 13 and 14 in Creations	Explanation based Observation based	1. Use colourful clay to make small birds. 2. Make one nice card for teachers with the help of paper folding.
October	8	Festivals drawing/ Page no:17 and 19 in Creations	Project based Creativity based	1. Colour and decorate diya with different decorative things 2. With the help of cutouts make dangler for decoration
November	8	Children's day activity/ Page no:23 and 25 in Creations	Discussion based Creativity based	1. Draw children's day scene and colour nicely. 2. Use red colour paper to make rose and paste in art file.
December	8	Christmas card making/ Page no:24 and 27 in Creations	Observation based : creativity based	1. Take one sheet draw Christmas tree on it and fold to make card then colour it and decorate it. 2. Draw Santa clause and use cotton to make it attractive.
January	8	Republic Day/ Page no:31 and 33 in Creations.	Discussion based Observation based	1. Draw National flag with proper background. 2. Cut paper in kite shape and decorate it with tricolour stone stickers.
February	8	Collage making / Page no:35 and 37 in Creations	Observation based Creativity based	1. Use colourful papers to fill drawings done by students. 2. Make colourful flowers with the help of coloured paper to make spring scene