



Montfort  
School Delhi

# SYLLABUS 2026-27 *CLASS – II*

**SUBJECT: English**  
**TEXTBOOK: Flowers & Flowers Worksheet GRAMMAR:**  
**The Grammar Connect**

| S. NO.                                                 | DURATION    | CHAPTER/ TOPIC | NO. OF TEACHING DAYS | SYLLABUS COVERED                                                                            | PEDAGOGY                                                   | ART INTEGRATED/OTHER ACTIVITIES                                                                                                          |
|--------------------------------------------------------|-------------|----------------|----------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| 1.                                                     | April 1-15  |                | 9                    | Book-Flowers<br>L-1: Mary and the Mouse<br>Grammar<br>Is/Am/Are                             | Story Telling Method<br>Loud Reading<br>Individual Reading | Book- Flowers<br>• Complete the picture – Page -12<br>• Rearrange and rewrite using punctuation.<br>• Flowers WorksheetsPage 10&11       |
| 2.                                                     | April 16-30 |                | 10                   | Book- Flowers<br>L-2: The Fly<br>Grammar<br>A/An/The                                        | Play-way Method<br><br>Discussion based Method             | • Kite Making<br>• Animal sound game.<br>• Page 24 – Categorize the animals which can fly and cannot fly<br>Flowers Worksheets<br>Page 6 |
| 3.                                                     | May 1-15    |                | 11                   | LBook-The Grammar<br>–Connect<br>1: Nami Words<br><br>L – 2: Common names and special Names | Drill and Practice Method                                  | • Noun – Hunt in the kitchen<br>Flowers Worksheets<br>Page 7 & 14                                                                        |
| 4.                                                     | May 16-23   |                | 6                    | Book-Flowers<br>Poem – A House<br>Grammar<br>One – Many                                     | Recitation Method<br><br>Practice Worksheet                | • Tearing and Pasting Activity - A House                                                                                                 |
| UNIT-1 EXAMINATION – 2 <sup>nd</sup> WEEK OF JULY 2026 |             |                |                      |                                                                                             |                                                            |                                                                                                                                          |
| 5.                                                     | JULY 1-10   |                | 8                    | Book: The Grammar<br>Connect<br>L – 19: Punctuation                                         | Demonstration Method<br><br>Use of Multimedia              | • Punctuate the given paragraph. Colour the special names.<br>Flowers Worksheets<br>Page 3                                               |

|                                              |                    |  |    |                                                                                 |                                                    |                                                                                                                                                                                                        |
|----------------------------------------------|--------------------|--|----|---------------------------------------------------------------------------------|----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6.                                           | JULY<br>20-31      |  | 10 | Book -Flowers<br>L – 3: I<br>Promise<br>Grammar<br>Opposites                    | Storytelling<br>method<br><br>Use of<br>Multimedia | <ul style="list-style-type: none"> <li>Write a letter to God.</li> </ul> Flowers Worksheets<br>Page 26 & 30                                                                                            |
| 7.                                           | AUGUST<br>1-15     |  | 10 | Book- Flowers<br>L – 4: Helping<br>and sharing                                  | Play – way<br>Method                               | <ul style="list-style-type: none"> <li>Pg 44 – Draw two baskets. Read the names of the vegetables that grow below the ground and above the ground and write the names in the correct boxes.</li> </ul> |
| 8.                                           | AUGUST<br>16-31    |  | 11 | Book: The<br>Grammar Connect<br>L – 5:<br>Pronouns                              | Use Of<br>Multimedia                               | <ul style="list-style-type: none"> <li>Underline the pronouns in the newspaper article.</li> </ul>                                                                                                     |
| 9.                                           | SEPTEMBER<br>1-15  |  | 6  | Book- Flowers<br>Poem- The<br>Little Plant<br>REVISION                          | Recitation<br>Method<br><br>Practice<br>Worksheets | <ul style="list-style-type: none"> <li>Draw, colour and label different parts of a plant.</li> </ul>                                                                                                   |
| HALF YEARLY EXAMINATION – MID SEPTEMBER 2026 |                    |  |    |                                                                                 |                                                    |                                                                                                                                                                                                        |
| 10.                                          | SEPTEMBER<br>20-30 |  | 8  | Book- Flowers<br>L – Christmas<br>Song<br>Prepositions                          | Storytelling<br>method<br><br>Use of<br>Multimedia | <ul style="list-style-type: none"> <li>Christmas Carol Singing</li> <li>Finger puppet</li> </ul> Flowers Worksheet<br>Page 27                                                                          |
| 11.                                          | OCTOBER<br>1-15    |  | 11 | Book: The<br>Grammar<br>Connect<br>– 20: Short<br>Forms<br>L                    | Play – way<br>method                               | <ul style="list-style-type: none"> <li>Mask making- cat</li> <li>Write or tell four adjectives from the given paragraph</li> </ul>                                                                     |
| 12.                                          | OCTOBER<br>16-31   |  | 12 | Book- Flowers<br>L – 2: The<br>Golden Bucket<br>Grammar<br>Change The<br>Gender | Storytelling<br>method                             | <ul style="list-style-type: none"> <li>Pg 28(Q. M)- Just a minute</li> </ul> Flowers Worksheets<br>Page 18                                                                                             |

|                                                                  |                   |  |    |                                                                                                                                 |                         |                                                                                                                                                              |
|------------------------------------------------------------------|-------------------|--|----|---------------------------------------------------------------------------------------------------------------------------------|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 13.                                                              | NOVEMBER<br>1-15  |  | 10 |                                                                                                                                 | Explanatory<br>Method   | <ul style="list-style-type: none"> <li>Worksheet-Page 4&amp;15</li> </ul>                                                                                    |
|                                                                  |                   |  |    | Book: The<br>Grammar<br>Connect<br>-10- Verbs<br>L                                                                              |                         | <ul style="list-style-type: none"> <li>Simon says game</li> </ul>                                                                                            |
| 14.                                                              | NOVEMBER<br>16-30 |  | 11 | Book- Flowers<br>Poem – The<br>Swing                                                                                            | Recitation<br>method    | <ul style="list-style-type: none"> <li>Enactment</li> <li>Video making</li> </ul>                                                                            |
| <b>UNIT 2 EXAMINATION – 1<sup>st</sup> WEEK OF DECEMBER 2026</b> |                   |  |    |                                                                                                                                 |                         |                                                                                                                                                              |
| 15.                                                              | DECEMBER<br>5-15  |  | 11 | Book: The<br>Grammar<br>Connect<br>L – 8<br>Adjectives                                                                          | Drill and<br>Practice   | <ul style="list-style-type: none"> <li>Stick Puppet Making</li> <li>Flowers Worksheets<br/>Page 28</li> </ul>                                                |
| 16.                                                              | DECEMBER<br>16-31 |  | 10 | Book: Flowers L<br>– 3: Let's<br>Make Friends                                                                                   | Story Telling<br>Method | <ul style="list-style-type: none"> <li>Flowers<br/>Worksheets</li> <li>Q. M Page – 38</li> <li>Draw and colour<br/>different birds.</li> </ul>               |
| 17.                                                              | JANUARY<br>11-15  |  | 5  | Book: Flowers<br>L – 4: I Love<br>My Home                                                                                       | Demonstration<br>Method | <ul style="list-style-type: none"> <li>Make a model of a<br/>houses using ice cream<br/>sticks.</li> </ul>                                                   |
| 18.                                                              | JANUARY<br>16-31  |  | 10 | Book: Flowers<br>L – 5: Pitpat's<br>Journey<br><br>Book: The<br>Grammar<br>Connect<br>L – 18: Joining<br>Words/Conjun<br>ctions | Play-way<br>Method      | <ul style="list-style-type: none"> <li>Flowers Worksheets<br/>Q. N Page – 60 Group<br/>discussion</li> <li>Create a cloud using<br/>cotton balls.</li> </ul> |
| 19.                                                              | FEBRUARY<br>1-15  |  | 11 | Book: Flowers<br>Poem – The<br>Squirrel<br><br>Picture<br>Composition                                                           | Recitation<br>Method    | <ul style="list-style-type: none"> <li>Record a video of the<br/>given poem.</li> <li>Flowers Worksheets<br/>Page – 1 &amp;16</li> </ul>                     |

**ANNUAL EXAMINATION – MID FEBRUARY 2027**

**SUBJECT: Mathematics**  
**TEXTBOOK: Flowers (Part 1 &2) , Flowers Worksheet**  
**MENTAL MATHS: Rapid Fire**

| S. NO.                                                       | DURATION    | CHAPTER/ TOPIC | NO. OF TEACHING DAYS | SYLLABUS COVERED                                                    | PEDAGOGY                | ART INTEGRATED/ OTHER ACTIVITIES                           |
|--------------------------------------------------------------|-------------|----------------|----------------------|---------------------------------------------------------------------|-------------------------|------------------------------------------------------------|
| 1.                                                           | April 1-15  |                | 9                    | Lesson – 1 Numbers up to 1000                                       | Art Integrated Learning | Flowers<br>Page – 65<br>Rapid Fire<br>Page – 7,8           |
| 2.                                                           | April 16-30 |                | 10                   | Lesson – 1<br>Numbers up to 1000<br><br>Lesson – 2<br>Addition      | Problem Solving         | Rapid Fire<br>Pg – 28, 29<br>Flowers<br>Page – 91          |
| 3.                                                           | May 1-15    |                | 11                   | Lesson – 2 Addition<br><br>Lesson – 4<br>Addition of Larger Numbers | Value Based             | Flowers Worksheet<br>Page – 39,40<br>Rapid Fire<br>Pg – 34 |
| 4.                                                           | May 16-23   |                | 6                    | Lesson – 4<br>Addition of Larger Numbers                            | Art Integrated Learning | Worksheet Addition<br>Doll                                 |
| <b>UNIT 1 EXAMINATION – 2<sup>nd</sup> WEEK OF JULY 2026</b> |             |                |                      |                                                                     |                         |                                                            |
| 5.                                                           | July 1-10   |                | 8                    | Lesson – 3<br>Subtraction                                           | Play-way Activity       | Flowers<br>Page – 96                                       |
| 6.                                                           | July 20-31  |                | 10                   | Lesson – 3<br>Subtraction                                           | Concept Based           | Flowers Worksheet<br>Page – 41,42                          |

|    |             |  |    |                                             |                         |                              |
|----|-------------|--|----|---------------------------------------------|-------------------------|------------------------------|
| 7. | August 1-15 |  | 10 | Lesson – 5<br>Subtraction of Larger Numbers | Art Integrated Learning | <b>Rapid Fire</b><br>Pg – 35 |
|----|-------------|--|----|---------------------------------------------|-------------------------|------------------------------|

|    |              |  |    |                                             |                         |                                                     |
|----|--------------|--|----|---------------------------------------------|-------------------------|-----------------------------------------------------|
| 8. | August 16-31 |  | 11 | Lesson – 5<br>Subtraction of Larger Numbers | Art Integrated Learning | <b>Worksheet</b><br>Colour by using the colour code |
|----|--------------|--|----|---------------------------------------------|-------------------------|-----------------------------------------------------|

|    |                |  |   |                                                                                                                         |               |                                                      |
|----|----------------|--|---|-------------------------------------------------------------------------------------------------------------------------|---------------|------------------------------------------------------|
| 9. | September 1-15 |  | 6 | Lesson – 6<br>Shapes and Patterns<br><b>(Activity)</b><br><br>Revision<br>Addition and<br>Subtraction of Larger Numbers | Project Based | <b>Worksheet</b><br>Circle the shape that comes next |
|----|----------------|--|---|-------------------------------------------------------------------------------------------------------------------------|---------------|------------------------------------------------------|

### HALF YEARLY EXAMINATION – MID SEPTEMBER 2026

|     |                 |  |   |                              |                   |                                                 |
|-----|-----------------|--|---|------------------------------|-------------------|-------------------------------------------------|
| 10. | September 20-30 |  | 8 | Lesson – 1<br>Multiplication | Application Based | <b>Worksheet</b><br>Dodging Tables – 2,3,4,5,10 |
|-----|-----------------|--|---|------------------------------|-------------------|-------------------------------------------------|

|     |              |  |    |                              |                   |                                                                               |
|-----|--------------|--|----|------------------------------|-------------------|-------------------------------------------------------------------------------|
| 11. | October 1-15 |  | 11 | Lesson – 1<br>Multiplication | Use of Multimedia | <b>Video Making</b><br>Record a video explaining the table of 2 using objects |
|-----|--------------|--|----|------------------------------|-------------------|-------------------------------------------------------------------------------|

|     |               |  |    |                                                     |             |                                  |
|-----|---------------|--|----|-----------------------------------------------------|-------------|----------------------------------|
| 12. | October 16-31 |  | 12 | Lesson – 1<br>Multiplication<br>Lesson – 2 Division | Value Based | <b>Flowers</b> Page – 110 Values |
|-----|---------------|--|----|-----------------------------------------------------|-------------|----------------------------------|

|     |               |  |    |                     |                       |                           |
|-----|---------------|--|----|---------------------|-----------------------|---------------------------|
| 13. | November 1-15 |  | 10 | Lesson – 2 Division | Experiential Learning | <b>Rapid Fire</b> Pg – 42 |
|-----|---------------|--|----|---------------------|-----------------------|---------------------------|

|     |                |  |    |                                                                  |                   |                                     |
|-----|----------------|--|----|------------------------------------------------------------------|-------------------|-------------------------------------|
| 14. | November 16-30 |  | 11 | Lesson – 2 Division<br><br>Revision<br>Multiplication & Division | Application Based | <b>Flowers Worksheet</b> Pg – 51,52 |
|-----|----------------|--|----|------------------------------------------------------------------|-------------------|-------------------------------------|

### UNIT 2 EXAMINATION – 1<sup>st</sup> WEEK OF DECEMBER 2026

|     |                   |  |    |                                                                        |                                         |                                                                                                  |
|-----|-------------------|--|----|------------------------------------------------------------------------|-----------------------------------------|--------------------------------------------------------------------------------------------------|
| 15. | December<br>5-15  |  | 11 | Lesson-3 Fractions                                                     | Concept Based                           | <b>Flowers</b><br>Page-116:<br>Understanding Halves<br>and Fourths                               |
|     |                   |  |    |                                                                        |                                         | <b>Rapid Fire</b><br>Pg – 46, 47                                                                 |
| 16. | December<br>16-31 |  | 10 | Lesson-4<br>Time                                                       | Experiential<br>Learning                | <b>Flowers</b><br>Pg – 121: Days of the<br>week<br><b>Flowers Worksheet</b><br>Pg – 55,56        |
| 17. | January<br>11-15  |  | 5  | Lesson-5<br>Money                                                      | Competency<br>Based                     | <b>Flowers</b><br>P – 126 & 127: Ex-5.1,<br>QC<br>Making money using<br>coins                    |
| 18. | January<br>16-31  |  | 10 | Lesson-6<br>Measurement                                                | Play-way<br>Activity                    | <b>Flowers</b><br>Pg – 136: Ex-6.1, QC<br>Colour the correct boxes<br>after identifying the unit |
| 19. | February<br>1-15  |  | 10 | Lesson-6<br>Measurement<br><br>Lesson-7<br>Data Handling<br>(Activity) | Problem<br>Solving<br><br>Project Based | <b>Rapid Fire</b><br>Pg – 52, 53<br><br><b>Flowers</b><br>Pg – 152&153:<br>Pictograph            |

**ANNUAL EXAMINATION – MID FEBRUARY 2027**

## हिंदी पाठ्यक्रम कक्षा – २

सत्र: 2026 – 27

### पाठ्य पुस्तक – नया सवेरा

| क्रमांक | काल            | पाठ / विषय | शिक्षण अवधि | पाठ्यक्रम पूर्ति                 | शिक्षार्थी केंद्रित शिक्षा शास्त्र | कला एकीकृत गतिविधि                                             |
|---------|----------------|------------|-------------|----------------------------------|------------------------------------|----------------------------------------------------------------|
| 1.      | April<br>1-15  |            | 9           | प्यारा घर<br>(कविता)             | लयात्मक विधि                       | • अपने कमरे की सफ़ाई करें                                      |
| 2.      | April<br>16-30 |            | 10          | सुबह की हलचल                     | संवादात्मक विधि                    | • अपनी दिनचर्या सुनाओ                                          |
| 3.      | May<br>1-15    |            | 9           | रानी की नानी<br>सयुक्ताक्षर शब्द | कहानी विधि<br>नियत कार्य विधि      | • अपने प्रिय व्यक्ति पर एक स्लोगन लिखो<br>• नए शब्द बनाएँ      |
| 4.      | May<br>16-23   |            | 9           | वचन बदलो<br>किसने कहा            | खेल विधि<br>खेल विधि               | • अपने शरीर के अंगों के नाम में वचन पहचानिए<br>• नए शब्द बनाएँ |

#### UNIT 1 EXAMINATION – 2<sup>nd</sup> WEEK OF JULY 2026

|    |                   |  |    |                                                      |                                    |                                                                   |
|----|-------------------|--|----|------------------------------------------------------|------------------------------------|-------------------------------------------------------------------|
| 5. | July<br>1-10      |  | 5  | भेड़िया और सारस<br>सयुक्ताक्षर शब्द                  | संवादात्मक विधि<br>नियत कार्य विधि | • भेड़िये का चित्र बनाकर रंग भरो<br>• नए शब्द बनाएँ               |
| 6. | July<br>20-31     |  | 10 | मोनू सुधर गया<br>किसने किससे कहा                     | कहानी विधि                         | • अपने बस्ते का चित्र बनाकर रंग भरिए                              |
| 7. | August<br>1-15    |  | 8  | लिंग बदलो<br>गुस्सा क्यों आता है<br>उपहार<br>(कविता) | तार्किक विधि<br>गीतात्मक विधि      | • स्त्रीलिंग शब्दों पर गोला लगाओ<br>• सूरज का चित्र बनाकर रंग भरो |
| 8. | August<br>16-31   |  | 11 | वचन बदलो (प्रथम सत्र से)                             | खेल विधि                           | • नए शब्द बनाएँ                                                   |
| 9. | September<br>1-15 |  | 7  | पुनरावृत्ति                                          |                                    |                                                                   |

#### HALF YEARLY EXAMINATION – MID SEPTEMBER 2026

|     |                     |  |    |                                                |                  |                                                                                                                                                           |
|-----|---------------------|--|----|------------------------------------------------|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10. | September<br>20 -30 |  | 5  | सादा पेड़<br>आम का पेड़<br>समान अर्थ वाले शब्द | मुक्त अधिगम विधि | <ul style="list-style-type: none"> <li>आम का पेड़ बनाकर रंग भरो</li> <li>वर्ग पहेली</li> <li>अगर पेड़ नहीं होंगे तो क्या होगा? कक्षा में बताएँ</li> </ul> |
| 11. | October<br>1-15     |  | 8  | पेड़<br>(कविता)                                | लयात्मक विधि     | <ul style="list-style-type: none"> <li>पेड़ का चित्र बनाएँ</li> </ul>                                                                                     |
| 12. | October<br>16-31    |  | 8  | सयुक्ताक्षर शब्द                               | नियत कार्य विधि  | <ul style="list-style-type: none"> <li>नए शब्द बनाएँ</li> </ul>                                                                                           |
| 13. | November<br>1-15    |  | 10 | पाँच वाक्य                                     | क्रियात्मक विधि  | <ul style="list-style-type: none"> <li>विषय पर वाक्य लिखो</li> </ul>                                                                                      |
| 14. | November<br>16-30   |  | 10 | पुनरावृत्ति                                    |                  |                                                                                                                                                           |

### UNIT 2 EXAMINATION – 1<sup>st</sup> WEEK OF DECEMBER 2026

|     |                   |  |    |                                                                            |                                     |                                                                                                                |
|-----|-------------------|--|----|----------------------------------------------------------------------------|-------------------------------------|----------------------------------------------------------------------------------------------------------------|
| 15. | December<br>5-15  |  | 7  | नरम दिल कबूतर                                                              | कहानी विधि                          | <ul style="list-style-type: none"> <li>शब्द सीढ़ी</li> </ul>                                                   |
| 16. | December<br>16-31 |  | 10 | साथी हाथ बढ़ाना                                                            | प्रेरक प्रेरणा कथा विधि             | <ul style="list-style-type: none"> <li>वर्ग पहेली</li> </ul>                                                   |
| 17. | January<br>11-15  |  | 5  | नन्हीं चींटी<br>(कविता )                                                   | गीतात्मक विधि                       | <ul style="list-style-type: none"> <li>अपनी उँगली रंग में डुबायें और चींटी बनाएँ</li> </ul>                    |
| 18. | January<br>16-31  |  | 10 | हाथी और लंगूर (वाचन)<br>सात वाक्य                                          | प्रेरणात्मक विधि<br>क्रियात्मक विधि | <ul style="list-style-type: none"> <li>अपने मनपसंद जानवर का चित्र बनाएँ</li> <li>विषय पर वाक्य लिखो</li> </ul> |
| 19. | February<br>1-15  |  |    | विलोम शब्द<br>सयुक्ताक्षर शब्द<br>समान अर्थ वाले शब्द<br>(द्वितीय सत्र से) | खेल विधि<br>नियत कार्य विधि         | <ul style="list-style-type: none"> <li>वर्ग पहेली</li> <li>नए शब्द बनाएँ</li> </ul>                            |

### ANNUAL EXAMINATION – MID FEBRUARY 2027

**SUBJECT: GENERAL AWARENESS TEXTBOOK:  
FLOWERS & FLOWERS WORKSHEET**

| S. NO.                           | DURATION    | CHAPTER/ TOPIC | NO. OF TEACHING DAYS | SYLLABUS COVERED               | PEDAGOGY                                                     | ART INTEGRATED/OTHER ACTIVITIES                                                                                           |
|----------------------------------|-------------|----------------|----------------------|--------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| 1.                               | April 1-15  |                | 9                    | Lesson 1<br>Our Wonderful Body | Storytelling Method<br><br>Value Based                       | Video making<br>Stretching exercise<br><b>WORKSHEET PAGE-63 AND 64</b>                                                    |
| 2.                               | April 16-30 |                | 10                   | Lesson 2<br>Food for Us        | Explanatory Method<br><br>Value Based                        | Fruit ChaatActivity<br>Pg 137- Puzzle<br><b>WORKSHEET PAGE-65 AND 66</b>                                                  |
| 3.                               | May 1-15    |                | 11                   | Lesson 3<br>Clothes for Us     | Demonstration Method<br><br>Activity based<br><br>Multimedia | Pg 142- Q.F<br>Collect different photos of family members wearing traditional dresses.<br><b>WORKSHEET PAGE-67 AND 68</b> |
| 4.                               | May 16-23   |                | 6                    | Lesson 4<br>We Need Shelter    | Activity based<br><br>Use of Multimedia                      | Game- Create a house using blocks<br>Pg 148- Puzzle Q.H<br><b>WORKSHEET PAGE-69 AND 70</b>                                |
| <b>UNIT TEST 1<br/>JULY 2026</b> |             |                |                      |                                |                                                              |                                                                                                                           |
| 5.                               | July 1-10   |                | 8                    | Project work                   | Play-way                                                     | -                                                                                                                         |

|    |            |  |    |                              |                                        |                                               |
|----|------------|--|----|------------------------------|----------------------------------------|-----------------------------------------------|
| 6. | July 20-31 |  | 10 | Lesson 5<br>I Love My School | Demonstration method<br>Activity based | Field trip<br><b>WORKSHEET PAGE-71 AND 72</b> |
|----|------------|--|----|------------------------------|----------------------------------------|-----------------------------------------------|

|    |             |  |    |                           |                                             |                                                                                                          |
|----|-------------|--|----|---------------------------|---------------------------------------------|----------------------------------------------------------------------------------------------------------|
| 7. | August 1-15 |  | 10 | Lesson 6<br>Neighbourhood | Explanatory Method<br><br>Use of Multimedia | FIELD TRIP<br>Pg 159- Q.G- Colour the picture of a neighbourhood park<br><b>WORKSHEET PAGE-73 AND 74</b> |
|----|-------------|--|----|---------------------------|---------------------------------------------|----------------------------------------------------------------------------------------------------------|

|    |              |  |    |                               |                     |                                                                     |
|----|--------------|--|----|-------------------------------|---------------------|---------------------------------------------------------------------|
| 8. | August 16-31 |  | 11 | Lesson 7<br>Festivals are Fun | Storytelling Method | Make a handmade greeting card.<br><b>WORKSHEET PAGE – 75 AND 76</b> |
|----|--------------|--|----|-------------------------------|---------------------|---------------------------------------------------------------------|

|    |                |  |   |                        |                |                                                                            |
|----|----------------|--|---|------------------------|----------------|----------------------------------------------------------------------------|
| 9. | September 1-15 |  | 6 | Lesson 8<br>Having Fun | Activity based | Q. F - Pg 168<br>Make a pencil holder<br><b>WORKSHEET PAGE - 77 AND 78</b> |
|----|----------------|--|---|------------------------|----------------|----------------------------------------------------------------------------|

**HALF-YEARLY EXAMINATION – September 2026**  
**TERM 2**

|     |                           |  |   |                       |                             |                                                   |
|-----|---------------------------|--|---|-----------------------|-----------------------------|---------------------------------------------------|
| 10. | September 20-September 30 |  | 8 | Lesson 1<br>Our Earth | Explanatory activity Method | Globe making<br><b>WORKSHEET PAGE – 79 AND 80</b> |
|-----|---------------------------|--|---|-----------------------|-----------------------------|---------------------------------------------------|

|     |                         |  |    |                                                        |                            |               |
|-----|-------------------------|--|----|--------------------------------------------------------|----------------------------|---------------|
| 11. | October 1-15<br>October |  | 11 | Lesson 1<br>Our Earth (Continued)<br>Pg - 161, 162,163 | Activity Discussion Method | Pg 163 – Q. F |
|-----|-------------------------|--|----|--------------------------------------------------------|----------------------------|---------------|

|     |                          |  |    |                             |                                          |                                                    |
|-----|--------------------------|--|----|-----------------------------|------------------------------------------|----------------------------------------------------|
| 12. | October 16-31<br>October |  | 12 | Lesson 2<br>Our Environment | Activity method<br><br>Use of Multimedia | Pg 169 – Q. F<br><b>WORKSHEET PAGE – 81 AND 82</b> |
|-----|--------------------------|--|----|-----------------------------|------------------------------------------|----------------------------------------------------|

|     |                           |  |    |                                    |                           |                      |
|-----|---------------------------|--|----|------------------------------------|---------------------------|----------------------|
| 13. | November 1-15<br>November |  | 10 | Lesson 3<br>Plants are our Friends | Drill and practice method | q.Pg 176 word puzzle |
|-----|---------------------------|--|----|------------------------------------|---------------------------|----------------------|

|                                                                   |                               |  |    |                                        |                                   |                                                                                                         |
|-------------------------------------------------------------------|-------------------------------|--|----|----------------------------------------|-----------------------------------|---------------------------------------------------------------------------------------------------------|
| 14.                                                               | November<br>16-30<br>November |  | 11 | Lesson 4<br>Animals are our<br>Friends | Play way<br>method                | H PG -182                                                                                               |
| <p align="center"><b>UNIT TEST 2</b><br/><b>DECEMBER 2026</b></p> |                               |  |    |                                        |                                   |                                                                                                         |
| 15.                                                               | December<br>5-15<br>December  |  | 11 | Project Work                           | Play Way<br>method                |                                                                                                         |
| 16.                                                               | December<br>16-31<br>December |  | 10 | Lesson 5<br>Seasons                    | Storytelling<br>method            | Pg 185<br>Word puzzle<br><b>WORKSHEET PAGE-<br/>87 AND 88</b>                                           |
| 17.                                                               | January 11-<br>15 January     |  | 5  | Lesson 6<br>Pollution                  | Activity<br>Explanatory<br>Method | Q. HPg 192<br>POSTER MAKING<br><b>WORKSHEET PAGE-<br/>89 AND 90</b>                                     |
| 18.                                                               | January<br>16-31<br>January   |  | 10 | Lesson 7<br>How We<br>Travel           | Play-way<br>Method                | Q. FPg 197<br>Cut out of your favourite<br>vehicle<br><b>WORKSHEET PAGE –<br/>91 AND 92</b>             |
| 19.                                                               | February<br>1-15<br>February  |  | 10 | Lesson 8 Be<br>Safe                    | Activity<br>Use of<br>Multimedia  | Making a First Aid box<br>Q. E Pg 202<br>Make a traffic light.<br><b>WORKSHEET PAGE –<br/>93 AND 94</b> |
| <p align="center"><b>ANNUAL EXAMINATION –February 2027</b></p>    |                               |  |    |                                        |                                   |                                                                                                         |





**CLASS 2 GENERAL KNOWLEDGE FORTNIGHTLY SYLLABUS 2026-27**  
**BOOK – THE WORLD AROUND ME**

| S.N<br>O                                                     | DURATION               | CHAPTER<br>/TOPIC | NO. OF<br>TEACHING<br>PERIODS | SYLLABUS COVERED                                                                                                                                                     | PEDAGOGY<br>(LEARNER<br>CENTERD)    | ART INTEGRATED/<br>OTHER ACTIVITIES                                                                      |
|--------------------------------------------------------------|------------------------|-------------------|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|----------------------------------------------------------------------------------------------------------|
| <b>SEMESTER 1</b>                                            |                        |                   |                               |                                                                                                                                                                      |                                     |                                                                                                          |
| 1.                                                           | April 1 -<br>April 15  |                   | 2                             | Lesson 3 Around the<br>country<br><br>Lesson 4 Here and<br>there                                                                                                     | Interactive<br>Quiz<br>Method       | Write the name and<br>paste 5 pictures of<br>monuments you see on<br>Pg 3.                               |
| 2.                                                           | April 16 -<br>April 30 |                   | 2                             | Lesson 8 Rapid Fire - 1<br><br>Lesson 9 Colourful<br>Flowers                                                                                                         | Explanatory<br>Method               | Paste the pictures of any<br>four flowers. Refer Pg 9                                                    |
| 3.                                                           | May 1- May<br>15       |                   | 2                             | Activity Lesson 10<br>Common nuts                                                                                                                                    | Observation<br>Method               | Solve the crossword<br>puzzle on Pg 10.                                                                  |
| 4.                                                           | May 16 -<br>May 23     |                   | 2                             | Activity<br>Lesson 11 Plants – Our<br>Great Friends                                                                                                                  | Brainstormi<br>ng Method            | Write the name of the<br>tree or plant from which<br>we get the following<br>products given on Pg<br>11. |
| 5                                                            | July 1 - July<br>15    |                   | 2                             | Revision<br><b>UNIT 1</b><br>1. Lesson 3 Around the<br>country<br>2. Lesson 4 Here and<br>there<br>3. Lesson 8 Rapid Fire<br>- 1<br>4. Lesson 9 Colourful<br>Flowers | Practice<br>Worksheets              | Revision                                                                                                 |
| <b>UNIT 1 EXAMINATION - 2<sup>nd</sup> WEEK OF JULY 2026</b> |                        |                   |                               |                                                                                                                                                                      |                                     |                                                                                                          |
| 6.                                                           | July 16 - July<br>31   |                   | 2                             | Lesson 2<br>Makers of Modern<br>India<br><br>Lesson 5 Celebration<br>Time<br><br>Lesson 7 Food Festival<br>for Gaurav                                                | Discussion<br>& Role Play<br>Method | Paste pictures of any<br>three makers of modern<br>India.                                                |
| 7.                                                           | August 1-<br>August 15 |                   | 2                             | Lesson 14 Talk time                                                                                                                                                  | Activity<br>Based<br>Method         | Write the sound<br>produced by each                                                                      |

|                                                     |                              |  |   |                                                                                                                                                                                                                                                                                                                                                                                                             |                                      |                                                                             |
|-----------------------------------------------------|------------------------------|--|---|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------------------------------|
|                                                     |                              |  |   | Lesson 15 The world of Insects<br><br>Lesson 16 Animal Wonders                                                                                                                                                                                                                                                                                                                                              |                                      | animal and tell students to mimic the sound.                                |
| 8.                                                  | August 16-<br>August 31      |  | 2 | Lesson 20 Stars and Planets<br><br>Activity Lesson 6 Unity in Diversity<br><br>Activity Lesson 12 Animal Kingdom                                                                                                                                                                                                                                                                                            | Discussion & Value Based Interaction | Circle the name of the animals hidden in the grid on Pg 12.                 |
| 9.                                                  | September 1-<br>September 15 |  | 2 | Activity Lesson 13 Feathered Friends<br><br>Activity Lesson 18 Plants or Animals<br><br>Revision<br><b>HALF YEARLY</b><br>1. Lesson 9 Colourful Flowers ( from UT1 )<br>2.Lesson 2 Makers of Modern India<br>3.Lesson 5 Celebration Time<br>4.Lesson 7 Food Festival for Gaurav<br>5.Lesson 14 Talk time<br>6.Lesson 15 The world of Insects<br>7.Lesson 16 Animal Wonders<br>8.Lesson 20 Stars and Planets | Explanatory Method                   | Lookat the pictures of birds and solve the crossword on Pg 13.              |
| <b>HALF YEARLY EXAMINATION - MID SEPTEMBER 2026</b> |                              |  |   |                                                                                                                                                                                                                                                                                                                                                                                                             |                                      |                                                                             |
|                                                     |                              |  |   |                                                                                                                                                                                                                                                                                                                                                                                                             |                                      |                                                                             |
| <b>SEMESTER 2</b>                                   |                              |  |   |                                                                                                                                                                                                                                                                                                                                                                                                             |                                      |                                                                             |
| 10.                                                 | September 16 – September 30  |  | 2 | Lesson 22 Popular inventions<br><br>Lesson 23 Human body : the wonder machine                                                                                                                                                                                                                                                                                                                               | Brainstorming Method                 | Paste pictures of any four famous scientists with their popular inventions. |

|                                                                  |                                 |  |   |                                                                                                                                                                               |                                     |                                                                                                     |
|------------------------------------------------------------------|---------------------------------|--|---|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------|
| 11.                                                              | October 1-<br>October 15        |  | 2 | Lesson 24 Our Senses<br><br>Lesson 27 Rapid Fire -<br>3                                                                                                                       | Explanatory<br>Method               | Match the correct words<br>with the five sense<br>organs.                                           |
| 12.                                                              | October 16 -<br>October 31      |  | 2 | Activity Lesson 26<br>Save the Environment<br><br>Activity Lesson 28<br>Sailing or Surfing ?                                                                                  | Play-Way<br>Method                  | Plant a Tree : an activity<br>to save the environment.                                              |
| 13.                                                              | November 1-<br>November 15      |  | 2 | Activity Lesson 29<br>Come, Let's Play<br><br>Activity Lesson 33<br>Channel watch                                                                                             | Discussion<br>Method                | Write the name of the<br>sports with the help of<br>the clues given . Refer<br>Pg 29                |
| 14.                                                              | November 16<br>- November<br>30 |  | 2 | Revision<br><b>UNIT 2</b><br>1.Lesson 22 Popular<br>inventions<br>2.Lesson 23 Human<br>body : the wonder<br>machine<br>3.Lesson 24 Our Senses<br>4.Lesson 27 Rapid Fire<br>-3 | Practice<br>Worksheets              | Revision                                                                                            |
| <b>UNIT 2 EXAMINATION – 1<sup>ST</sup> WEEK OF DECEMBER 2026</b> |                                 |  |   |                                                                                                                                                                               |                                     |                                                                                                     |
| 15.                                                              | December 1 -<br>December 15     |  | 2 | Lesson 25 All about Air<br><br>Lesson 30 Sports<br>Heroes<br><br>Lesson 36 Around the<br>world                                                                                | Explanatory<br>Method               | Paste any 3 pictures of<br>famous sports players<br>and also write the<br>games they play.          |
| 16.                                                              | December 16<br>- December<br>31 |  | 2 | Lesson 41 Where do we<br>go ?<br><br>Lesson 42 Brands<br><br>Lesson 44 Rapid Fire -<br>5                                                                                      | Interactive<br>Quiz<br>Method       | Identify the brand<br>names with the things<br>they stand for. Refer Pg<br>42                       |
| 17.                                                              | January 11 -<br>January 15      |  | 2 | Lesson 47 Collections<br>and Comparisons<br><br>Activity Lesson 35<br>Continents and Oceans                                                                                   | Discussion<br>Method                | Refer Pg 35 and Write<br>the names of oceans on<br>the world map given.                             |
| 18.                                                              | January 16 -<br>January 31      |  | 2 | Activity Lesson 37<br>Popular days and dates<br><br>Activity Lesson 38 The<br>Distinguished<br>Company                                                                        | Activity &<br>Value Based<br>Method | Match the dates given<br>with the event for which<br>particular days are<br>celebrated. Refer Pg 37 |

|     |                            |  |   |                                                                                                                                                                                                                                                                                                                                                              |                        |          |
|-----|----------------------------|--|---|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------|
|     |                            |  |   | Activity Lesson 43<br>Group Names                                                                                                                                                                                                                                                                                                                            |                        |          |
| 19. | February 1-<br>February 15 |  | 2 | Activity Lesson 46 Fun<br>with words<br><br>Revision<br><b>ANNUALS</b><br>1. Lesson 24 Our<br>Senses ( from UT 2 )<br>2.Lesson 25 All about<br>Air<br>3.Lesson 30 Sports<br>Heroes<br>4.Lesson 36 Around the<br>world<br>5.Lesson 41 Where do<br>we go ?<br>6.Lesson 42 Brands<br>7.Lesson 44 Rapid Fire<br>-5<br>8.Lesson 47 Collections<br>and Comparisons | Practice<br>Worksheets | Revision |

**ANNUAL EXAMINATION - MID FEBRUARY 2027**

| <b>SUBJECT: VALUE EDUCATION BOOK:<br/>RIGHT IS RIGHT</b> |                 |                           |                                     |                                   |                       |                                                                   |
|----------------------------------------------------------|-----------------|---------------------------|-------------------------------------|-----------------------------------|-----------------------|-------------------------------------------------------------------|
| <b>S.<br/>NO.</b>                                        | <b>DURATION</b> | <b>CHAPTER/<br/>TOPIC</b> | <b>NO. OF<br/>TEACHING<br/>DAYS</b> | <b>SYLLABUS<br/>COVERED</b>       | <b>PEDAGOGY</b>       | <b>ART<br/>INTEGRATED/OTHER<br/>ACTIVITIES</b>                    |
| 1.                                                       | April 1-15      |                           | 2                                   | Lesson 1<br>Talking to God        | Discussion<br>Method  | Show the different times<br>you pray every day<br>(Page 7).       |
| 2.                                                       | April 16-30     |                           | 2                                   | Lesson 2<br>Our Duties at<br>Home | Explanatory<br>Method | Draw/paste any 2<br>pictures of yourself<br>helping your parents. |
| 3.                                                       | May<br>1-15     |                           | 2                                   | Lesson 3<br>Using God's<br>Gifts  | Discussion<br>Method  | Make a Thank You card<br>(Page 11)                                |
| 4.                                                       | May<br>16-23    |                           | 2                                   | Revision of<br>Lessons- 1 ,2      | Value Based<br>Method | Colour the pictures of<br>fruits (Page 15)                        |

|                                                                  |                    |  |   |                                            |                          |                                                          |
|------------------------------------------------------------------|--------------------|--|---|--------------------------------------------|--------------------------|----------------------------------------------------------|
| 5.                                                               | JULY<br>1-15       |  | 2 | Revision of<br>Lessons – 1, 2<br>& 3       | Enquiry<br>Method        | Worksheets                                               |
| <b>UNIT 1 EXAMINATION - 2<sup>nd</sup> WEEK OF JULY 2026</b>     |                    |  |   |                                            |                          |                                                          |
| 6.                                                               | JULY<br>16-31      |  | 2 | Lesson 4<br><u>Healthy Food<br/>Habits</u> | Discussion<br>Method     | Activity (Page 15)                                       |
| 7.                                                               | AUGUST<br>1-15     |  | 2 | Lesson 5<br><u>Keeping Clean</u>           | Value Based<br>Method    | Name 5 things to keep<br>yourself cool                   |
| 8.                                                               | AUGUST<br>16-31    |  | 2 | Lesson 6<br>Our Helpers                    | Use of<br>Multimedia     | Worksheets                                               |
| 9.                                                               | SEPTEMBER<br>1-15  |  | 2 | Revision of<br>Lessons - 4, 5 &<br>6       | Use of<br>Multimedia     | Worksheets                                               |
| <b>HALF YEARLY EXAMINATION - MID SEPTEMBER 2026</b>              |                    |  |   |                                            |                          |                                                          |
| 10.                                                              | SEPTEMBER<br>20-30 |  | 2 | Lesson 7<br>Sharing is Joy                 | Activity<br>Based Method | Worksheets                                               |
| 11.                                                              | OCTOBER<br>1-15    |  | 2 | Lesson 8 Our<br>Teachers                   | Play Way<br>Method       | Prepare a Teacher's Day<br>Card (Page 27)                |
| 12.                                                              | OCTOBER<br>16-31   |  | 2 | Lesson 9<br>Being Active is<br>Fun         | Explanatory<br>Method    | Learn two new<br>exercises.                              |
| 13.                                                              | NOVEMBER<br>1-15   |  | 2 | Revision of<br>Lesson 7 & 8                | Story Telling<br>Method  | Worksheets                                               |
| 14.                                                              | NOVEMBER<br>16-30  |  | 2 | Revision of<br>Lesson 7, 8 & 9             | Story Telling<br>Method  | Draw and colour a jungle<br>scene.                       |
| <b>UNIT 2 EXAMINATION – 1<sup>ST</sup> WEEK OF DECEMBER 2026</b> |                    |  |   |                                            |                          |                                                          |
| 15.                                                              | DECEMBER<br>5-15   |  | 2 | Lesson 10<br>Safety Saves                  | Activity<br>Based Method | Make a First Aid<br>Box.                                 |
| 16.                                                              | DECEMBER<br>16-31  |  | 2 | Lesson 12<br>Stranger -<br>Danger          | Use of<br>Multimedia     | Write two ways to<br>protect yourself from<br>strangers. |

|                                        |                  |  |   |                                                                                                       |                      |                                                         |
|----------------------------------------|------------------|--|---|-------------------------------------------------------------------------------------------------------|----------------------|---------------------------------------------------------|
| 17.                                    | JANUARY<br>11-15 |  | 1 | Lesson 13<br>My<br>Motherland<br>India<br>Lesson 11<br>Wisdom(<br>Activity Based )                    | Use of<br>Multimedia | Colour the National<br>Flag ( Page45).                  |
| 18.                                    | JANUARY<br>16-31 |  | 2 | Story –All<br>ThingsWise<br>(Activity Based)<br>Story – The<br>Company We<br>Keep<br>(Activity Based) | Use of<br>Multimedia | Write two things you<br>like about your best<br>friend. |
| 19.                                    | FEBRUARY<br>1-15 |  | 2 | Story – The<br>Wolf and The<br>Crane<br>(Activity Based)<br>Revision of<br>Lesson – 10, 12<br>& 13    | Discussion<br>Method | Worksheets                                              |
| ANNUAL EXAMINATION - MID FEBRUARY 2027 |                  |  |   |                                                                                                       |                      |                                                         |

| SUBJECT: ART BOOK:<br>Creations |          |                |                      |                                                                     |                                              |                                                                                                                                                                               |
|---------------------------------|----------|----------------|----------------------|---------------------------------------------------------------------|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| S. NO.                          | DURATION | CHAPTER/ TOPIC | NO. OF TEACHING DAYS | SYLLABUS COVERED                                                    | PEDAGOGY                                     | ART INTEGATED/ OTHER ACTIVITIES                                                                                                                                               |
| 1.                              | April    |                | 8                    | Drawings with<br>Natural shapes/<br>Page – 7 and 10<br>in Creations | Observation<br>based<br>Creativity<br>based  | 1. Leaf printingPasting: Use<br>dry leaves of different<br>shapes to make scenery.<br>2. Observe different shapes of<br>tree leaves and try to make<br>in drawings file.      |
| 2.                              | May      |                | 8                    | Spring Art/<br>Page – 11 and<br>13in Creations                      | Explanation<br>based<br>Observation<br>based | 1. Draw different type of<br>flowers to create spring<br>scene and use ear bud for<br>coloring.<br>2. Discuss about the different<br>type of flowers and write<br>their name. |

|    |           |  |   |                                                                            |                                        |                                                                                                                                                                                          |
|----|-----------|--|---|----------------------------------------------------------------------------|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3. | July      |  | 8 | Fruits and Vegetables basket/<br>Page - 14 and 15in Creations              | Discussion based<br>Creativity based   | 1. Kids will draw their favorite fruits and vegetables in the basketand then they will color all.<br>2. discuss about the fruits and vegetables and write their name and benefits.       |
| 4. | August    |  | 8 | Rakhi Making and Independence Day drawing/<br>Page – 19and 20 in Creations | Observation based<br>Creativity based  | 1. With the help of cut outs make nice Rakhi and decorate it to make it attractive.<br>2. Make tricolour kite on drawing sheet and decorate it.                                          |
| 5. | September |  | 8 | Water World Teachers Day Activity/<br>Page – 21and 25 in Creations         | Explanation based<br>Observation based | 1. Use colorful clay to make small fishes arrange it on sheet and color the background.<br>2. Make beautiful card for teachers and decorate it.                                          |
| 6. | October   |  | 8 | Dussehra and Diwali activity/<br>Page – 27 and 30 in Creations             | Project based<br>Creativity based      | 1. With the help of colored sheets make decorative things.<br>2. Make one nice Diwali Scene and decorate it.                                                                             |
| 7. | November  |  | 8 | Abstract art with different shapes/<br>Page – 32and 39in Creations         | Discussion based<br>Creativity based   | 1. Use different shapes to make abstract Composition. and fill color nicely.<br>2. Discuss about different type of shapes and with the help of coloured paper make abstract with shapes. |
| 8. | December  |  | 8 | Christmas Composition and activity/<br>Page – 43and 47 in Creations        | Observation based<br>Creativity based  | 1. Take one sheet draw Christmas Composition on it then colour it and decorate it<br>2. With the help of thick paper make 3D Christmas tree and decorate it.                             |
| 9. | January   |  | 8 | Garden Scene/<br>Page – 45and 45 in Creations.                             | Discussion based<br>Observation based  | 1. Make nice Garden scene with different type of flowers with proper background.<br>2. Make paper flower with colourful paper and arrange it on sheet.                                   |

|     |          |  |   |                                                                  |                                       |                                                                                                                                 |
|-----|----------|--|---|------------------------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| 10. | February |  | 8 | Collage with waste material/<br>Page – 41 and 48<br>in Creations | Observation based<br>Creativity based | 1. Use waste material like buttons, pencil etc. to decorate art work.<br>2. Discuss about reuse, recycle and make poster on it. |
|-----|----------|--|---|------------------------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|

### **SUBJECT : GAMES**

| MONTH     | TEACHING PERIODS | SYLLABUS COVERED                                                                                                                                                   | PEDAGOGY                                                                   | ACTIVITY                                                                                                                                                              |
|-----------|------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| April/May | 13               | Warming up Exercises.<br>Jogging<br>Arm Rotation<br>Shoulder Rotation<br>Wrist Rotation<br>Body weight squats<br>Cobra pose<br>Banded row<br>Recreational activity | Observation based Practical based.<br>Explanation and Demonstration method | To warm-up the body<br>2mins Jogging, 2 mins jumping (on the spot). Exercises..Arm ,Neck, shoulder, Waist, legs.dog on the pond, fire in the mountain, fun games etc. |
| July      | 9                | Skipping Rope<br>Basic jump(Demonstration/practice without rope/single jump)<br>Two foot jump.                                                                     | Explanation and Demonstration method<br>Practice based method              | Fundamental skills of skipping Rope Learn with practice                                                                                                               |
| August    | 8                | <u>BMI</u><br>Height<br>Weight<br>Benefits of BMI<br>Soccer basics(kicking)                                                                                        | Explanation method<br>Demonstration method                                 | Calculation of BMI<br><u>Body weight</u><br>Height xHeight<br>Observe and practice every day physical Exercises to keep your mind and body fit.                       |

|                           |          |                                                                                                                         |                                                                               |                                                                                                                                                                                                                                   |
|---------------------------|----------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>September</b>          | <b>9</b> | A to Z Workout for kids<br>Arm circle<br>(Aligator)<br>Bear crawl<br>Crab walk(cat)<br>Duck walk ( donkey<br>kicks)etc. | Explanation<br>method,<br>Demonstration<br>method<br>Practice based<br>skills | Learning the physical<br>workout according to<br>the latters and make<br>their health good                                                                                                                                        |
| <b>October</b>            | <b>9</b> | 60 mtr Race<br>Running techniques<br>Arm movements<br>Foot placement                                                    | Explanation<br>method<br>Demonstration<br>method                              | Learning the<br>Fundamental skills of<br>Running and fun games                                                                                                                                                                    |
|                           |          | Posture<br>Fun games<br>Fire on the mountain<br>Dog on bone                                                             | Practice the skills                                                           |                                                                                                                                                                                                                                   |
| <b>November</b>           | <b>8</b> | Intersection Activity<br>Race<br>Balloon Activity                                                                       | Explanation and<br>Practice based<br>method                                   | Learning the<br>competitive skills and<br>sportsmanship                                                                                                                                                                           |
| <b>December</b>           | <b>8</b> | Badminton<br>Grip<br>Stance<br>Foot work<br>Long service/under arm<br>Shadow practice                                   | Eplanation and<br>Demonstration<br>method                                     | Learning the Basic<br>fundamental skills of<br>game<br>And knowledge of<br>game.                                                                                                                                                  |
| <b>January</b>            | <b>8</b> | Races                                                                                                                   | Practice based.<br>Creativity Based<br>Evaluation based                       | Practice the different<br>formats of races under<br>proper guidance to<br>make their body flexible<br>and fit.                                                                                                                    |
| <b>Februry/<br/>March</b> | <b>8</b> | Meditation and practice of<br>Breathing exercises                                                                       | Practice based<br>Observation<br>based                                        | Practice breathing<br>exercise Anulom-<br>Vilom, Kapalbhati.Try<br>to practice only in the<br>morning till20 minutes.<br>To keep their lungs fit<br>and healthy practice and<br>learn inhale and exhale<br>of breathing exercise. |

## **MUSIC SYLLABUS**

| <b>DURATION</b>     | <b>NO. OF TEACHING PERIODS</b> | <b>SYLLABUS COVERED</b>                                                                                                                     | <b>PEDAGOGY</b>                                                                                 | <b>ACTIVITY</b>                |
|---------------------|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|--------------------------------|
| April - May         | 8                              | 1. Prayer Song- Praise him<br>2. Action Songs – I’m so happy, I might be small                                                              | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Solo Singing                   |
| July – August       | 8                              | 1. Prayer Song - Showers of Blessings<br>2. Action Song - Everyday I go to school<br>3. All things bright and beautiful<br>4. National Song | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Solo Singing, Group Activities |
| September – October | 8                              | 1. School Anthem<br>2. Prayer Song - Tu hi data<br>3. Bind us together                                                                      | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Solo Singing                   |
| November – December | 8                              | 1. School Anthem<br>2. Love the lord<br>3. Christmas Carols                                                                                 | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Solo Singing, Group Activities |
| January - February  | 8                              | 1. School Anthem<br>2. National Anthem<br>3. Prayer Songs - We shall overcome , Everything I am<br>4. Folk Songs                            | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Group Activities               |

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.

## **DANCE SYLLABUS**

| <b>MONTH</b>               | <b>NO. OF TEACHING PERIODS</b> | <b>SYLLABUS</b>                                                                                                                                              | <b>PEDAGOGY</b>                                | <b>ART INTEGRATED ACTIVITY</b>                                                                       |
|----------------------------|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|------------------------------------------------------------------------------------------------------|
| <b>April – July</b>        | 10                             | Warm up dance exercises<br>- Arm Movement<br>- Waist Movement<br>- Leg Movement<br>- Neck Movement<br>- Recapitulation of steps learnt<br>Special Assemblies | Practice daily with counts                     | Children can select any rhythmic music and co-ordinate the dance exercises                           |
| <b>August</b>              | 4                              | Namaskar<br>Guru Vandana<br>Aerobics on Bollywood songs - first stanza                                                                                       | Narrate Guru Vandana and write it down         | Use dance exercises probes like water bottles, elastic bands, gym balls, balls to combine with steps |
| <b>September – October</b> | 6                              | Bollywood songs Stanza 2<br>Recapitulation of all the steps learnt with counting and music/songs                                                             | Wear traditional costume                       | This is the month of festivals. Children can perform during these days.                              |
| <b>November</b>            | 4                              | Free style dance                                                                                                                                             | Watch YouTube videos and perform               | Practice dance steps with counts and music                                                           |
| <b>December – January</b>  | 6                              | Free style dance (Continued)                                                                                                                                 | Watch videos of famous dancers                 | Practice the dance with music                                                                        |
| <b>February</b>            | 4                              | Folk based Bollywood Dance                                                                                                                                   | Wear any folk costume and practice dance steps | Combine their dance steps with folk dance probs like - Dandiya sticks, Matka, Manjeera               |

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.