

# SUMMER VACATIONS HOLIDAY HOMEWORK

**FOR CLASS: 12- HUMANITIES**

**Dear Class 12 Students,**

Welcome to your final summer break as school students! This year is a tremendous milestone, bringing with it the excitement of your senior year and the vital preparation for your upcoming CBSE board exams.

We know that the pressure of Class 12 can sometimes feel overwhelming. While it is essential to stay consistent with your studies and syllabus, we want to gently remind you that your mental health and physical well-being are your greatest assets. A stressed mind cannot learn efficiently. Take this vacation to genuinely recharge—pursue your hobbies, spend quality time with your family, and make sure to get plenty of rest.

The holiday homework compiled for you is designed to be more than just repetitive writing. It includes case studies, practical files, and analytical projects that will deepen your understanding of the concepts and prepare you for the competency-based questions in your board exams.

## **A Few Tips for a Productive Break:**

- **Consistent Revision:** Dedicate a small, fixed portion of your day to review what has been taught so far.
- **Mindful Breaks:** Step away from your screens. Practice mindfulness, yoga, or simply go for a walk to decompress.
- **Stay Curious:** Read extensively beyond your textbooks to build your vocabulary and critical thinking skills.

We believe in your potential and are here to support you every step of the way. Return from this break refreshed, motivated, and ready to conquer your senior year!

**Wishing you a joyful, balanced, and productive summer holiday!**

**Warm regards,  
NIPS**

## ENGLISH

**Part-1:** Prepare a project on any one of the following topics:

1. The Importance of Digital Literacy
2. Social Media: Boon or Bane for Teenagers
3. Artificial Intelligence in Daily Life
4. Importance of Reading Books in the Age of Reels
5. Should Exams Be the Only Way to Judge Students
6. Plastic Ban: Necessity or Inconvenience
7. Mental Health is as Important as Physical Health
8. The Plight of the Elderly/Care of the Elderly: Understanding the loneliness and insecurities of old age. (Fear of separation With reference to the poem MOTHER AT SIXTY SIX)
9. Importance of Mother Tongue/Language Chauvinism: A deeper look at linguistic issues (based on The Last Lesson).

**Part-2:** Write the answers of the Question Bank given on ERP in a separate notebook.

**Part-3:** Revise UT-1 Syllabus

## PSYCHOLOGY

**Part-1. Revision:** Thoroughly read and revise Chapter 1 (Variations in Psychological Attributes) and Chapter 2 (Self and Personality).

**Part-2. Question Bank:** Download and complete all psychology question banks uploaded on the school ERP portal.

**Part-3. Practical File:** Set up your official practical file. Write the Cover Page, Index, Introduction, and complete Practical 1 (Self-Concept Questionnaire - SCQ).

**Part-4. Case Profile Project:** Write the research background for your Case Study topic. Your report must include:

- Introduction & Definitions of the disorder
- Types & Causes
- Prevalence in society
- Intervention & Management strategies

## POLITICAL SCIENCE

**Part-1. Project Work:** Prepare a project file (8–10 pages, A4 size) on any ONE topic including:

Cover Page, Acknowledgement, Index, Introduction, Content, Case Study, Conclusion, Bibliography

**Part-2.** Solve picture-based questions and all map work of previous 10 years from CBSE board papers.

## PHYSICAL EDUCATION

**Part-A: Project Work.** Prepare a project file on any ONE topic:

(Include: Introduction, Benefits, Diagram/Pictures, and Conclusion)

1. Yoga and its importance in daily life
2. Physical fitness and wellness
3. Balanced diet for athletes
4. Women participation in sports

**Part-B: Activity Work.** Daily Fitness Record (Minimum 10 Days). Make a table and record:

- Date
- Activity (Running/Yoga/Exercise)
- Duration (Minutes)

**Part-C: Written Work.** Complete all the worksheets uploaded on the school ERP portal.

**Part-D: Practical/Skill Work:** Perform and write steps of any 3 Yoga Asanas:

(Include: Steps, Benefits, and Precautions)

- Tadasana
- Bhujangasana
- Vrikshasana

**Part-E:** Participate in any sports activity during holidays. Attach a photo and write your experience (5–6 lines).

## HISTORY

**Part-1:** Prepare a project File on any one of the given topics:

- The Indus Valley Civilisation Archeological Excavation and New perspectives.
- Social History of India on the basis of Mahabharata and other text.
- The History and Culture of the Vedic Period.

**Part-2:** On a political map of world Mark major cities of Indus valley civilisation.

**Part-3:** Complete the given worksheet.

**Part-4:** Revise UT syllabus.

# ECONOMICS

## Part-1: Project Topics:-

1. Cashless Economy
  - Very current and relatable (UPI, Google Pay, Paytm, etc.)
  - Easy to get data from NPCI, RBI, news
  - Charts on UPI growth = high marks
2. Digital India – Step Towards the Future
  - Simple to explain as a government program
  - Wide coverage: UPI, BHIM, DBT, e-governance
  - Examiner-friendly as students can link with daily life
3. Make in India – The Way Ahead
  - Popular, simple to explain initiative
  - Case studies of sectors like automobiles, electronics
  - Opportunity for a student survey on awareness
4. Aatmanirbhar Bharat
  - Very current & patriotic theme, teachers love it
  - Can link with MSMEs, startups, manufacturing
  - Lots of government data & news coverage
5. Environmental Crisis
  - Global + Indian context (pollution, climate change, resource depletion)
  - Scoring as you can add solutions like renewable energy, afforestation

**Part-2:** Revise syllabus for unit test

**Part-3:** Write the answers of the question bank

# HINDI

- 1-किन्ही दो प्राचीन कवि व नवीन कवि के बारे मे विस्तार से लिखिए।
- 2- किन्ही दो प्राचीन लेखक व नवीन लेखक के बारे मे विस्तार से लिखिए।
- 3-अंतरा- देवसेना का गीत, कार्लेनिया का गीत (काव्य)  
सरोज स्मृति (काव्य)

प्रेम घन की छाया 'स्मृति'(गद्य)

4-अंतराल-सूरदास की झोपड़ी

5-विभिन्न माध्यमों के लिए लेखन (व्याकरण)

समस्त क्वेश्चन बैंक, वर्कशीट अपनी उत्तर पुस्तिका में करें तथा समस्त कार्य को याद करें।

**नोट-**प्रश्न 1,2 A4 Sheet पर लिखकर प्रोजेक्ट फाइल तैयार कीजिए।

## HOME SCIENCE

### **Part-1: Project work (any one)**

- Planning any five messages for nutrition, health and life skills using different modes of communication for different focal groups
- Market Survey of Five Processed Foods Collect packets/wrappers or pictures of any five processed foods and paste them in the file.

### **Part-2: Hand sewing work**

1. 4 Handkerchiefs ex. Baste (kaccha), Blind Stitch (Chor silai), Hemming (turpai), Backstitch (bakhiya)
2. 1 Tie and Dye Handkerchief

### **Part-3: Flash Cards Activity**

Prepare flash cards based on any one Government Scheme. Minimum 8 cards (size 10'x 8')

### **Part-4: Diet Chart for Adolescents (yourself)**

## INFORMATIONAL TECHNOLOGY

**Ques 1.** Explain the term Data redundancy

**Ques 2.** What is the relation in database?

**Ques 3.** What is Alternate Key?

**Ques 4.** Differentiate between DBMS and RDBMS.

**Ques 5.** Define the following terms:

- (a) Primary Key      (b) Foreign Key      (c) Domain      (d) Record      (e) Field

**Ques 6.** Write down your experience school related to Active Listening.

**Ques 7.** Mention the capitalization and punctuation rules for sentences.

**Ques 8.** Write the basic parts of speech with an example each.

**Ques 9.** Create a worksheet based on a story and distribute it in the class. Now narrate the story in the class and ask the students to answer the questions in the worksheet. Share your observation about active listening skills.

## **APPLIED MATHEMATICS**

### **Part-1: Project Work**

Title: Applications of Matrices in Business and Data Management.

#### **Topics to Include:-**

1. Introduction to matrices
2. Types of matrices
3. Matrix operations
4. Applications in: Banking, Business records, School attendance, and Sales analysis

#### **Activity Ideas:-**

Prepare matrices for:

1. Students' marks
2. Monthly sales records
3. Shop inventory
4. Attendance records

**Part-2:** Make a formula handbook chapter-wise for all chapters.

**Part-3:** Complete the question bank provided on the ERP in notebook.

**Part-4:** Complete your Lab manual work

*Keep LEARNING, Keep GROWING !!*

**HAPPY HOLIDAYS!**