



SHAMBHU DAYAL
GLOBAL SCHOOL



NATURE NURTURE

KAUSHAL BODH • GRADE 1

Activity Portfolio • April – August

NATURE • LEARN • GROW

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S.No.	Month	Activity
1	April	Leaf Printing Activity
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7	August	Food from Plants and Animals
8	August	My Healthy Plate

Little
Hands
Big
Dreams

Explore
Discover
Grow

APRIL • Activity 1 – Leaf Printing Activity

In this hands-on creative session, students explore nature through art by using real leaves as natural stamps. By applying paint to textured leaves and pressing them onto paper, children discover unique leaf patterns, structure, and veins while developing fine motor skills and artistic expression.

🌿 OBSERVE • PRINT • CREATE 🌿



**SHAMBHU DAYAL
GLOBAL SCHOOL**
KAUSHAL BODH – CLASS 1



Small Hands...
Big Dreams...
A Greener Tomorrow!

NATURE NURTURE – APRIL ACTIVITY

LEAF PRINTING ACTIVITY



**Real Leaves
Real Art!**



What We Did?

Students used real leaves, paint and paper to create beautiful natural leaf prints.

Learning Objectives

- Observe natural textures and patterns.
- Develop fine motor skills and hand-eye coordination.
- Encourage creativity and self-expression.
- Appreciate the beauty of nature.

Materials Used



Leaves



Paints



Paper



Brushes

Aligned with Sustainable Development Goals (SDGs)



4 QUALITY EDUCATION



12 RESPONSIBLE CONSUMPTION AND PRODUCTION



15 LIFE ON LAND

Let's learn, create and protect our beautiful planet!



♥ Green Minds ♥ Healthy Planet ♥ Brighter Future ♥

APRIL • Activity 2 – Parts of Plant

Students learned to identify the four main parts of a flowering plant and understand the simple jobs each part performs.

Key Learning Takeaways

- Identification: Roots, Stem, Leaf and Flower.
- Roots: Hold the plant in the soil and absorb water.
- Stem: Supports the plant and moves water upwards.
- Leaves: Collect sunlight to help make food.
- Flower: Helps make seeds and attracts pollinators such as bees.



SHAMBHU DAYAL GLOBAL SCHOOL



Nature
Nurture

KAUSHAL BODH

Class – 1

Small Hands...
Big Dreams...
A Greener
Tomorrow! ♥



Our Activities

- Leaf Printing
- Parts of a Plant
- Journey of a Seed
- Five Categories of Animals
- The Cotton Ball Sheep
- Let's Be Gardeners!
- Food from Plants and Animals
- My Healthy Plate

Aligned with
Sustainable Development Goals (SDGs)

 2 ZERO HUNGER	 3 GOOD HEALTH AND WELL-BEING	 4 QUALITY EDUCATION	 6 CLEAN WATER AND SANITATION
 13 CLIMATE ACTION	 15 LIFE ON LAND	Learn Today... Create a Sustainable Tomorrow! ♥	



Nature Teaches Us to Grow ♥

EXPLORE
CREATE
LEARN
GROW

MAY • Activity – Journey of a Seed

This activity helped young learners observe, understand, and document the biological progression of plant growth through hands-on art and labeling.

Key Learning Takeaways

- Understanding life cycles: following plant growth from seed to a developed plant.
- Reinforcing vocabulary: seed, sprout, seedling and plant.
- Fine motor & visual skills: colouring, drawing and neat labeling.
- Scientific inquiry: encouraging curiosity about how living things develop over time.



**SHAMBHU DAYAL
GLOBAL SCHOOL**

KAUSHAL BODH

Class - 1

**Small Hands...
Big Dreams...
A Greener
Tomorrow! ♥**

**Nature
Nurture ♥**



Activity of the Month

MAY

JOURNEY OF A SEED

Through this hands-on activity, children observed and documented the biological progression of a plant from a seed to a fully grown plant. They learned important scientific vocabulary, developed creativity, improved fine motor skills and nurtured curiosity about nature.

**Small steps...
Big growth! ♥**



Key Learning Takeaways

- Understanding the life cycle of a plant
- Learning key vocabulary: seed, sprout, seedling, plant
- Building fine motor & visual skills
- Encouraging observation, creativity and scientific inquiry

Let's Plant Kindness, Grow Knowledge and Build a Greener Future! ♥



Related SDG Goals

2 ZERO HUNGER	3 GOOD HEALTH AND WELL-BEING	4 QUALITY EDUCATION
6 CLEAN WATER AND SANITATION	13 CLIMATE ACTION	15 LIFE ON LAND

Together for a Sustainable Tomorrow ♥

JULY • Activity 1 – Five Categories of Animals

The activity introduced young learners to simple animal classification by sorting animals into groups based on familiar traits and habitats. Children worked with categories such as pet, farm, wild, water animals and birds. The task strengthened scientific vocabulary, observation, sorting, sequencing, writing and awareness of animal diversity.



SHAMBHU DAYAL GLOBAL SCHOOL

KAUSHAL BODH

Class - 1

Activity of the Month

JULY

FIVE CATEGORIES OF ANIMALS

**Nature
Nurture
Grow
Together**



**Small Hands...
Big Dreams...
A Greener
Tomorrow!**







What We Did?

In this activity, children sorted and named different animals into five categories – Pet, Farm, Wild, Water and Birds. They also wrote and drew pictures to show their understanding of animal diversity and their habitats.

**Different
Animals...
Different
Homes...**



Learning Takeaways

-  Built scientific vocabulary and observation skills.
-  Learned to classify animals based on their traits and habitats.
-  Improved fine motor skills through writing and drawing.
-  Developed a deeper awareness of animal diversity and nature.

**Aligned with
Sustainable Development Goals (SDGs)**

3 GOOD HEALTH
AND WELL-BEING



4 QUALITY
EDUCATION



6 CLEAN WATER
AND SANITATION



13 CLIMATE
ACTION



15 LIFE
ON LAND



**Let's
Respect
All Living
Things!**



**Together for a
Sustainable
Tomorrow**

Learn • Create • Grow

JULY • Activity 2 – The Cotton Ball Sheep

The Cotton Ball Sheep Craft helped young learners explore animal traits and textures by pasting soft cotton balls onto a sheep template to create fluffy fleece. The sensory task strengthened fine motor skills, tactile awareness and understanding of farm animals.

SHAMBHU DAYAL GLOBAL SCHOOL

KAUSHAL BODH

Class - 1

Activity of the Month

The Cotton Ball Sheep

Nature Nurture Grow Together

Small Hands... Big Dreams... A Greener Tomorrow!

Little Hands Create Big Ideas

Crafting Kindness for a Kinder World

Together for a Sustainable Tomorrow

Learning Takeaways

- ✓ Explores animal traits and textures.
- ✓ Strengthens fine motor skills through pasting and placing materials.
- ✓ Builds tactile awareness with soft and fluffy cotton.
- ✓ Reinforces farm animal concepts in a fun and interactive way.

SUSTAINABLE DEVELOPMENT GOALS

- 3 GOOD HEALTH AND WELL-BEING
- 4 QUALITY EDUCATION
- 6 CLEAN WATER AND SANITATION
- 15 LIFE ON LAND

AUGUST • Activity 1 – Let's Be Gardeners! (Growing a Plant)

Young learners stepped into the role of little gardeners and discovered the joy of growing a plant. They learned how to sow a seed, provide water and sunlight, and care for a growing plant. The experience encouraged responsibility, patience, care and love for nature.

Key Learning Takeaways

• Learning by growing, caring and nurturing!



**SHAMBHU DAYAL
GLOBAL SCHOOL**

KAUSHAL BODH
Class - 1

Activity of the Month - AUGUST.

**Let's Be Gardeners !
(Growing a Plant)**

Nature Nurture Grow Together

Plant Care Patience Progress

Small Hands... Big Dreams... A Greener Tomorrow!



What We Did?

- Sowed seeds in soil.
- Planted saplings and watered them.
- Learned how plants grow and why they are important.
- Worked together and took responsibility for our plants.

Little Gardeners... Big Impact!

Learning Takeaways

- Understand the importance of plants in our lives.
- Develop responsibility, patience and care.
- Learn the basic steps of growing a plant.
- Build love and respect for nature.

Healthy Plants
Healthy Planet
Happy Future!

Together for a Greener Tomorrow

Aligned with Sustainable Development Goals (SDGs)

3	GOOD HEALTH AND WELL-BEING	4	QUALITY EDUCATION	13	CLIMATE ACTION	15	LIFE ON LAND
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Learn Grow Make a Difference

AUGUST • Activity 2 – Food from Plants and Animals

Children explored different foods we get from plants and animals. They drew and coloured favourite food items and identified their sources. The activity developed observation, creativity and classification skills while encouraging appreciation for the role of plants and animals in our daily lives.

Key Learning Takeaways

- Learning through drawing, discovering and creating! 🎨 🐮



SHAMBHU DAYAL GLOBAL SCHOOL

Knowledge Builds Tomorrow

KAUSHAL BODH

Class - 1

Activity of the Month

FOOD FROM PLANTS AND ANIMALS

Healthy Food
Happy Kids
Brighter Future!

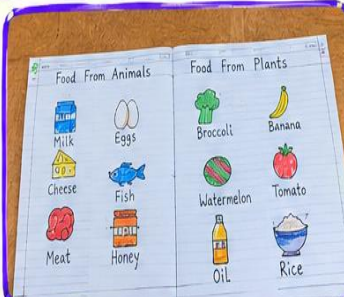
Nature Nurture
Learn Grow



Food From Animals		Food From Plants	
Milk	Eggs	Broccoli	Banana
Cheese	Fish	Watermelon	Tomato
Meat	Honey	Oil	Rice

Food from Plants

Fruits	Vegetables	Grains
Nuts	Oils	Legumes



Food from Animals

Milk	Eggs	Meat
Fish	Honey	Dairy Products

Learning Takeaways

- Understand where our food comes from.
- Learn to identify food from plants and animals.
- Develop observation, classification and creative skills.
- Appreciate the role of plants and animals in our daily lives.

Good Food
Healthy Body
Happy You!

Aligned with Sustainable Development Goals (SDGs)

2 ZERO HUNGER	3 GOOD HEALTH AND WELL-BEING	4 QUALITY EDUCATION	15 LIFE ON LAND
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Together for a Sustainable Tomorrow

AUGUST • Activity 3 – My Healthy Plate

Children explored the importance of eating a healthy and balanced diet. They created their own healthy plates by including different food groups such as fruits, vegetables, grains and protein-rich foods. The activity encouraged healthy food choices and balanced eating habits.

Key Learning Takeaways

- Eat healthy, stay active and grow strong! 🍷🍷



**SHAMBHU DAYAL
GLOBAL SCHOOL**

Knowledge Builds Tomorrow

KAUSHAL BODH

Class - 1

Activity of the Month - AUGUST

My Healthy Plate

**Eat Healthy
Grow Strong
Be Happy**

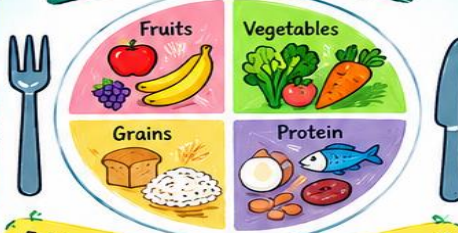
**Healthy Food
Happy Kids
Brighter Future!**



What We Did?

- Children explored the importance of eating a healthy and balanced diet.
- They created their own healthy plates by including different food groups such as fruits, vegetables, grains and protein-rich foods.
- They drew and coloured pictures of their favourite food items and identified their sources.
- The activity helped them understand where our food comes from and developed their creativity, observation and classification skills.

A Healthy Plate



Eat Healthy ♥ Stay Active ♥ Grow Strong ♥

Learning Takeaways

- ✓ Understand the importance of a balanced diet.
- ✓ Identify food groups and their sources.
- ✓ Develop creativity, observation and classification skills.
- ✓ Build healthy eating habits for life.

Healthy Choices Today... A Brighter Tomorrow! ♥

Aligned with Sustainable Development Goals (SDGs)

2 ZERO HUNGER



3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



15 LIFE ON LAND



Together for a Healthier Tomorrow ♥

**Healthy Food
Healthy Kids
A Sustainable World ♥**

Eat Good ♥ Feel Good ♥ Do Good