

SEHWAG INTERNATIONAL SCHOOL

SJS Spectrum



THE MONTHLY NEWSLETTER

VOLUME 6



Sehwag International School

SEPTEMBER 2025 Newsletter

⚡ "A Month of Passion, Perseverance & Pride" ⚡

September at Sehwag International School was a vibrant showcase of sportsmanship, teamwork, and devotion. The month witnessed the much-awaited Inter-House Sports Week, where students from all houses competed with zeal and determination across various sports — from Football and Cricket to Athletics, Badminton, and more. Each match echoed the true SISJ spirit — healthy competition, discipline, and respect for teamwork.

Adding to the festive cheer, the Ganesh Pooja celebration brought the entire SISJ family together in an atmosphere of devotion and unity. Students beautifully depicted traditional values through bhajans, dance, and decorations that filled the campus with positivity and divine energy.

September also brought immense pride as several of our talented students qualified for District and State Level selections in multiple sports disciplines, proving that dedication and hard work always lead to success. The month stood as a shining example of how Sehwag International School nurtures both the body and soul — inspiring excellence on the field and fostering cultural and spiritual growth in every learner.



ISSUE OF

September Month





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Making a Splash of Success!

Inter-House Swimming Competition 2025

The much-awaited Inter-House Swimming Competition made waves of excitement as students from Grades 4 to 12 showcased their talent, determination, and sportsmanship.

Participants competed across a range of events – from the 100m freestyle and backstroke to a thrilling relay race in the senior category. The poolside was alive with cheers as swimmers demonstrated remarkable speed, stamina, and team spirit.

After a series of exhilarating races, the final results were:

- 🥇 Atharva Sadan – 1st Position
- 🥈 Rig Sadan – 2nd Position
- 🥉 Sama Sadan – 3rd Position

The event not only celebrated excellence in swimming but also fostered teamwork, perseverance, and a healthy competitive spirit. Heartiest congratulations to all the participants for making the event a grand success!

It gives me immense pleasure to present the September edition of our school newsletter. This month was filled with enthusiasm, energy, and excellence as Sehwa International School witnessed the Inter-House Sports Week, where students displayed outstanding sportsmanship and team spirit across various events.

We take immense pride in celebrating the achievements of our young champions who have been selected for District and State Level competitions, bringing honor and pride to the school.

Alongside the thrilling sports events, the Ganesh Pooja celebration added a spiritual and cultural touch to the month, uniting the SISJ family in devotion and festive joy.

This edition beautifully captures the essence of September – a month that truly embodies the SISJ ethos of dedication, discipline, and devotion.

Warm Regards,
Sonali Vashisth
Editor – School Newsletter
Sehwa International School





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Honouring the Guiding Lights!

Teacher's Day Celebration 2025 at Sehwaq International School



At Sehwaq International School, Teacher's Day 2025 was celebrated with immense enthusiasm and heartfelt gestures by the boarding students, who organized a spectacular program to honor their mentors. The celebration beautifully reflected the respect, admiration, and love that students hold for their teachers. The event began with a grand welcome, as teachers were greeted with thunderous applause and cheers—truly making them feel like heroes stepping into the spotlight. The air was filled with warmth, joy, and excitement, setting the perfect tone for the memorable day ahead.

Students showcased their affection and creativity through a variety of engaging performances and activities. Teachers enthusiastically participated in fun-filled games, while students lit up the stage with energetic dance performances and melodious songs, each dedicated to their mentors' invaluable role. The celebration continued with a heartwarming cake-cutting ceremony followed by a sumptuous lunch hosted by the students—a gesture that symbolized their gratitude and love.





FAREWELL TO LORD GANESHA WITH DEVOTION AND ENTHUSIASM

Sehwag International School celebrates Ganesh Utsav with faith and cultural spirit

At Sehwag International School, this year's Ganesh Utsav concluded with great devotion and enthusiasm. The boarding students organized a special Havan ceremony, where both students and teachers participated wholeheartedly, offering prayers in an atmosphere filled with spiritual energy and faith. The chanting of mantras and the sacred rituals created a divine ambiance that infused everyone with a deep sense of peace and spirituality. Following the Havan, all joined together to perform the Ganesh Visarjan with traditional customs, songs, and chants. Students and teachers bid farewell to Lord Ganesha's idol with reverence and gratitude, seeking his blessings for wisdom, success, and prosperity. The event was not merely a religious observance but also a cultural experience that connected students with the rich heritage and traditions of India. Through the Havan and Visarjan, students beautifully demonstrated devotion, unity, and enthusiasm, embodying the spirit of togetherness that defines Sehwag International School.



॥ वक्रतुंड महाकाय सूर्यकोटी समप्रभ
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥



SISJ U-12 CRICKET TEAM SHINES WITH A STELLAR VICTORY!

AN IMPRESSIVE WIN AGAINST MALLAN CRICKET ACADEMY, JHAJJAR



On 11th September, the SISJ U-12 Cricket Team showcased an inspiring performance in an exciting match against Mallan Cricket Academy, Jhajjar.

Batting first, SISJ scored a total of 146 runs in 35 overs, with Mahem Akthar leading the scoreboard with a fine 45 runs, supported by Karan Kumar's 23 runs. In response, the Mallan Cricket Academy team was restricted to 100 runs, thanks to a remarkable bowling spell by Devansh Choudhary, who took an incredible 8 wickets.

With outstanding teamwork and determination, SISJ U-12 emerged victorious with a commanding lead. This performance stands as a proud reflection of the talent, discipline, and dedication of our young cricketers.





A THRILLING FINISH!

SEHWAG SUPERGIANT VS. NEHRU COLLEGE (NSCA)

A MATCH TO REMEMBER

The much-awaited 40-over clash between Sehwaq Supergiant and Nehru College (NSCA) turned out to be a gripping encounter that kept everyone on edge till the very last over.

Winning the toss, Nehru College (NSCA) opted to bat first and posted a challenging total, thanks to a solid start from their top order and valuable contributions from the middle order.

In response, Sehwaq Supergiant began their chase with confident stroke play and built early momentum. However, NSCA's disciplined bowling attack produced timely breakthroughs, slowing down the scoring rate. Despite a determined effort from the Supergiant middle order, the team fell short by just 11 runs in a nail-biting finish.

The match was a true display of sportsmanship and skill, featuring sharp bowling, powerful batting, and electrifying fielding from both sides.

Highlight: The game perfectly captured the spirit of competitive cricket, where every run and wicket mattered — making it an unforgettable contest for players and spectators alike.





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A SPIRITED BATTLE ON THE FIELD!

SISJ U-14 SPARTANS VS. NEHRU COLLEGE (NSCA)

In an exciting U-14 cricket encounter, the SISJ Spartans put up a determined fight against Nehru College (NSCA). Batting first, the Spartans posted a total of 121 runs, showcasing grit and teamwork throughout the innings. Yuvraj Agarwal played a crucial knock of 22 runs, anchoring the middle order while his teammates added valuable contributions to set a defendable target.

Chasing the total, NSCA displayed composure and strong teamwork under pressure. Despite some tight bowling spells from the Spartans, NSCA's batting lineup successfully chased the target, winning the match by 5 wickets.



The Fighter of the Match was Virat Dhawal, whose exceptional bowling performance – claiming 3 key wickets – turned the momentum in NSCA's favor.

The match was a wonderful showcase of team spirit, strategy, and sportsmanship from both sides. While NSCA celebrated their victory, the Spartans impressed everyone with their resilience and potential, making it a thrilling contest for all spectators.



Kicking Off with Passion and Team Spirit!

Inter House Sports Week Begins at Sehwaq International School



The much-awaited Inter House Sports Week at Sehwaq International School began with great enthusiasm and a strong spirit of competition. The opening day was filled with energy as students from both senior and junior categories participated in a range of events, displaying their skills, teamwork, and sportsmanship.

The day started with an intense Senior Volleyball match, where Rig Sadan showcased excellent coordination and clinched a well-deserved victory over Atharva Sadan.

In the Senior Football match, Sama Sadan demonstrated outstanding determination and smart gameplay to secure a strong win against Yajur Sadan.

The final highlight of the day was the Junior Cricket match, which saw Atharva Sadan deliver an impressive performance to register a thrilling victory over Rig Sadan.

The spirit, discipline, and camaraderie among the participants truly set an inspiring tone for the week ahead. With such a vibrant start, the school community eagerly looks forward to more exciting matches and memorable moments in the coming days.



⚽ Thrills, Teamwork, and Triumphs Continue!

Day 2 of Inter House Sports Week at Sehwa International School

The second day of the Inter House Sports Week at Sehwa International School was packed with high-energy contests, showcasing exceptional teamwork, strategy, and sportsmanship across all events.

The day opened with an exciting Senior Volleyball match, where Yajur Sadan impressed everyone with their sharp coordination and skill, securing a well-deserved win over Sama Sadan.

In the Senior Football match, Atharva Sadan displayed strong determination and tactical play to edge past Rig Sadan, clinching a hard-fought victory.

The day concluded with an action-packed Junior Cricket match, as Yajur Sadan delivered a spirited performance to triumph over Sama Sadan, adding to the day's excitement.

The series of thrilling matches and the vibrant house spirit continued to energize the week-long tournament, keeping the audience engaged and cheering for their teams as anticipation builds for the upcoming fixtures.





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Passion, Play, and Perseverance!



Day 3 of the Inter House Sports Week at Sehwaq International School was charged with energy, enthusiasm, and spirited competition. The day featured a series of thrilling matches that highlighted teamwork, strategy, and the unwavering spirit of sportsmanship.

Match 1: Volleyball (Junior)

The day kicked off with a gripping Junior Volleyball match between Atharva Sadan and Rig Sadan. Showcasing excellent coordination and steady performance, Atharva Sadan claimed victory with a 2-0 win.

Match 2: Football (Junior)

Next, the Junior Football match between the same houses kept the audience on edge. In a close and competitive contest, Atharva Sadan once again displayed impressive teamwork to secure a 2-1 win over Rig Sadan.

Match 3: Cricket (Senior)

The final event of the day featured an exhilarating Senior Cricket encounter between Sama Sadan and Yajur Sadan. With outstanding batting and disciplined fielding, Sama Sadan emerged triumphant, registering a well-deserved victory.





Nurturing Healthy Minds and Happy Lives!

Health and Wellness Program at Sehwaq International School



On 25th September 2025, Sehwaq International School organized an enriching Health and Wellness Program for students of Classes 4 to 8. The interactive session, conducted in the AV Room by the school's medical staff, focused on promoting health awareness, hygiene, balanced nutrition, and mental well-being.

Students actively participated throughout the session, engaging in meaningful discussions and asking thoughtful questions, which made the program lively and interactive. The presenters shared practical tips on maintaining daily health habits, regular exercise, and proper dietary choices. Towards the end, the medical team emphasized the importance of personal hygiene and adopting a healthy lifestyle as essential elements of overall well-being.

The program proved to be a highly informative and valuable experience for both students and teachers, reinforcing the school's commitment to fostering a culture of health, wellness, and holistic growth.





Spreading Awareness, Strengthening Minds

Health and Wellness Program on Suicide Prevention Awareness



On 25th September 2025, Sehwaq International School organized a Health and Wellness Program on Suicide Prevention Awareness for students of Classes 9 to 12. The session, held in the gymnasium and conducted by the school counsellor, aimed to raise awareness about the importance of mental health, recognizing early signs of stress and emotional distress, and seeking timely help.

The counsellor encouraged open dialogue among students, shared practical coping strategies, and emphasized the power of communication, empathy, and support networks in preventing mental health crises.

The session served as a meaningful and insightful experience, empowering students to prioritize their emotional well-being, look out for one another, and remember that reaching out for help is a sign of strength, not weakness.

Through this initiative, Sehwaq International School reaffirmed its commitment to fostering a safe, supportive, and compassionate school environment where every student knows – their life truly matters.





Exploring Paths, Shaping Futures

Career Counselling Session Empowers Students at Sehwaq International School



On 27th September 2025, Sehwaq International School organized an insightful Career Counselling Session for students of Classes 9 to 12. The session, held in the gymnasium and conducted by the school counsellor, aimed to help students identify their interests, explore diverse career pathways, and make well-informed decisions about their future academic and professional pursuits.

The counsellor shared valuable guidance on emerging career opportunities, the importance of skill development, and effective strategies for goal setting and planning. The interactive format encouraged students to reflect on their passions, ask questions, and gain clarity about their career aspirations.

The session proved to be both informative and inspiring, motivating students to approach their career journeys with confidence, self-awareness, and purpose.



September Champions

Rising Beyond Limits

*Celebrating our
young athletes
who turned
effort into
excellence and
dreams into
milestones.*



LUCKY JAISWAL



We are thrilled to announce that Lucky Jaiswal, a dedicated student of Class 10, has made Sehwag International School proud by earning a place to represent Jhajjar in the U-16 Inter-District Cricket Tournament. 🌟

His unwavering hard work, discipline, and passion for cricket have paved the way for this remarkable achievement – a testament to his determination and commitment to excellence.

The tournament kicks off with an exciting opening match:

🏆 Match 1: Jhajjar vs Karnal

📍 Venue: Ch. Bansi Lal Cricket Stadium, Lahli (Ground B)

Lucky's success stands as a beacon of inspiration for all aspiring sportspersons at SISJ. His journey reflects the true spirit of perseverance – proving that with consistent effort and dedication, dreams do turn into reality. ✨

We extend our heartiest congratulations to Lucky and wish him great success in this tournament. May he continue to shine and bring more glory to himself, his district, and our school. 🙌🏆



ANURANJINI AHLAWAT



We are delighted to share that Jhajjar's U-19 Recurve Girls Archery Team delivered an outstanding performance at the SGFI (School Games Federation of India) State Championship, clinching the Silver Medal. Their remarkable skill, precision, and teamwork brought immense pride to the district and to Sehwa International School.



A special congratulations to Anuranjini Ahlawat, whose exceptional performance earned her 1st place in the individual category. Her stellar achievement has also secured her a spot in the Haryana State Archery Team, a moment of great honor for both her and our school community. 🌟

The school administration, teachers, parents, and students proudly extend their heartiest congratulations to the entire team – and especially to Anuranjini Ahlawat – for their perseverance and success. May they continue to aim high and soar even higher in all their future endeavors. 💪🏹

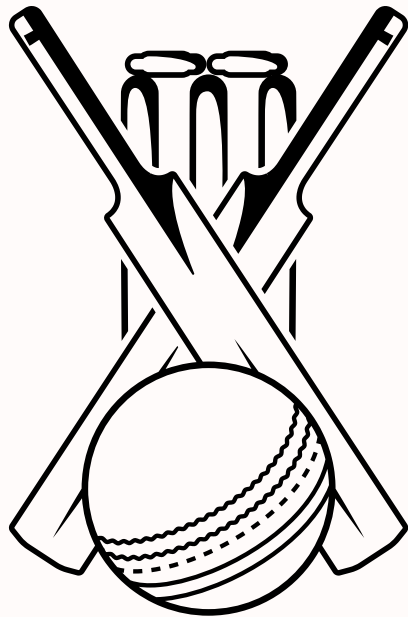
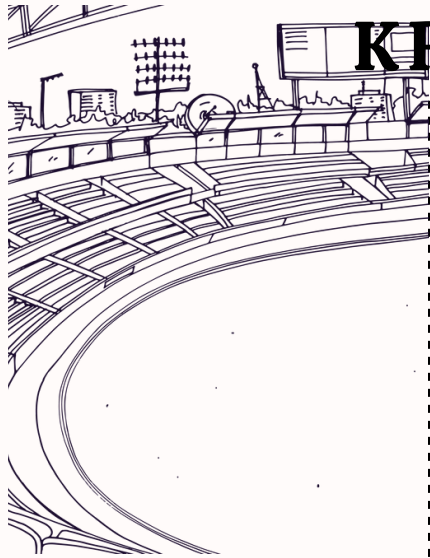
**VEERA AHLAWAT**

We are proud to announce that Jhajjar's U-14 Recurve Girls Archery Team has secured the Bronze Medal at the SGFI (School Games Federation of India) State Championship. 🎯

The talented team — Veera Ahlawat (Class VII), Ridhima, and Anshika — displayed exceptional skill, focus, and determination throughout the competition. Their consistent effort and remarkable teamwork brought well-deserved pride to the district of Jhajjar and to Sehwaag International School.

The school administration, teachers, parents, and students wholeheartedly congratulate the young archers on this outstanding accomplishment. Their achievement stands as a true inspiration for all aspiring sportspersons, reminding us that dedication and discipline always lead to success. 🌟

We wish them continued success and higher victories in the future! 💪🏹

**KRISHNA CHAUDHARY**

We are extremely proud to announce that Krishna Chaudhary, a talented student of SISJ, has been selected for the SGFI U-19 Jhajjar District Cricket Team. 🏏🌟 Krishna's dedication, hard work, and excellent performance in cricket have earned him this well-deserved opportunity. This is a remarkable achievement that reflects his passion for the sport and his determination to excel. We extend our heartiest congratulations to Krishna Chaudhary and wish him the very best for his future matches and tournaments. May he continue to make us proud and achieve greater success in his sporting journey.



Five Stars of SISJ Shine at State Camp



We are proud to announce that the following students from Sehwaq International School have been selected to participate in the prestigious HCA Men's U-19 Vinoo Mankad Trophy Cricket Camp:

Rahul Soreng – Class 10A

Aditya Pandey – Class 11B

Krishna Choudhary – Class 12A

Ravi Bishnoi – Class 12C

Shivam Anand – Class 12C

Their selection is a testament to their exceptional cricketing skills, unwavering dedication, and consistent hard work. 🏆

The students are currently attending the camp at Sultanpur, Gurgaon (Haryana), and have been officially marked OD (Out of Campus) in the school attendance register during this period.

We extend our heartiest congratulations to all five players and wish them great success and valuable learning experiences at this high-level cricket platform. May they continue to make Sehwaq International School proud with their passion and performance! 🙌🏏🌟



GAGAN BALIYAN

**CHAMPION**

We are delighted to share the proud achievement of Master Gagan Baliyan, a talented young cricketer from Sehwa International School, who represented the U-16 Jhajjar District Cricket Team in the Semi-Final match against Gurugram. 🎉🏏

His dedication, skill, and sportsmanship have been truly admirable, earning recognition not only for himself but also for our school. Gagan's performance stands as a testament to his hard work and commitment to the game. 🏆

The entire SISJ family congratulates Gagan on this significant milestone and wishes him continued success in his cricketering journey ahead. May he keep inspiring others and achieving new heights in the world of sports. 💪🔥