

SALWAN PUBLIC SCHOOL, MAYUR VIHAR**Academic Session: 2026-2027****September Midday Meal Menu**

Date	Day	Food	Accompaniments
01.09.26	Tuesday	Rajma Rice	Chhach
02.09.26	Wednesday	Vegetable Sandwich + Upma	Lemonade
03.09.26	Thursday	Shahi paneer + Chapatis	Banana
04.09.26	Friday	HOLIDAY (Janamashtami)	
05.09.26	Saturday	Vegetable Cutlet + Upma	Biscuit
06.09.26	Sunday	HOLIDAY	
07.09.26	Monday	Lady finger + chapatis	Amla Candies
08.09.26	Tuesday	Veg uttapam + chutney	Fruit
09.09.26	Wednesday	Pav bhaji	Sprout salad
10.09.26	Thursday	Boondi Kadi + Rice	Banana
11.09.26	Friday	Matar Paneer Masala + Chapatis	Lemonade
12.09.26	Saturday	HOLIDAY	
13.09.26	Sunday	HOLIDAY	
14.09.26	Monday	Black Chana Rice	Boondi raita
15.09.26	Tuesday	Wada Sambar	Banana
16.09.26	Wednesday	Rajma Rice	Milk shake
17.09.26	Thursday	Daal Makhni + Paratha	Banana
18.09.26	Friday	Mix veg + Chapatti	Besan laddoo
19.09.26	Saturday	Red sauce pasta	Amla candy
20.09.26	Sunday	HOLIDAY	
21.09.26	Monday	Malai Kofta Chapati	Pear
22.09.26	Tuesday	Bread Roll + Corn salad	Biscuits
23.09.26	Wednesday	Pindi Chana + Poori	Fruit
24.09.26	Thursday	Rajma Rice	Chakli
25.09.26	Friday	Aloo Parantha + Curd	Petha
26.09.26	Saturday	HOLIDAY	
27.09.26	Sunday	HOLIDAY	
28.09.26	Monday	Idli Sambar	Banana
29.09.26	Tuesday	Ghiya kofta + Chapatti	Chhach
30.09.26	Wednesday	Chana daal + Rice	Lemonade