

ST. THOMAS SCHOOL, SAHIBABAD
ANNUAL EXAMINATION 2025-26
PRACTICE WORKSHEET
VALUE EDUCATION
CLASS- VII

TIME ALLOWED: 1 HOUR

MAX MARKS: 25

NAME: _____

SECTION: _____ ROLL NO: _____ DATE: _____

General Instructions: All questions are compulsory.

I Tick (✓) the correct option:

1. Which value is shown when a student returns a lost wallet to his owner?	1
(A) Dishonesty <input type="checkbox"/>	(B) Integrity <input type="checkbox"/>
(C) Bravery <input type="checkbox"/>	(D) Selfishness <input type="checkbox"/>
2. Food wastage causes	1
(A) Saving of resources <input type="checkbox"/>	(B) Pollution and hunger <input type="checkbox"/>
(C) Clean environment <input type="checkbox"/>	(D) Climate change <input type="checkbox"/>
3. When everyone follows rules, society becomes	1
(A) Disordered and unjust <input type="checkbox"/>	(B) Divided and weak <input type="checkbox"/>
(C) Peaceful and fair <input type="checkbox"/>	(D) Unsafe and unfair <input type="checkbox"/>
4. When you win a prize and thank your team for their help, you show	1
(A) pride <input type="checkbox"/>	(B) laziness <input type="checkbox"/>
(C) humility <input type="checkbox"/>	(D) anger <input type="checkbox"/>
5. Which word is most similar in meaning to integrity?	1
(A) Dishonesty <input type="checkbox"/>	(B) Truthfulness <input type="checkbox"/>
(C) Selfishness <input type="checkbox"/>	(D) laziness <input type="checkbox"/>

II Fill in the blanks:

1. Copying in an exam shows a lack of _____.	1
2. Food sustainability helps to protect both people and the _____.	1
3. Humility helps us to learn from our _____ and from others.	1
4. Assertiveness builds _____ and self-respect.	1

5. _____ means being truthful and fair in all actions. 1

III Write True / False:

1. Honesty is only important in school.	[]	1
2. Food wastage has no effect on the environment.	[]	1
3. People with humility admit their mistakes.	[]	1
4. Forgiveness helps to bring happiness to the heart.	[]	1
5. A person with integrity is always greedy.	[]	1

IV Answer the following questions:

1. How can you manage your pocket money wisely? 2

2. How can humility help in teamwork and friendship? 2

3. Your friend asks you to skip homework and play instead. How will you respond assertively? 2

4. Write any two humble actions that demonstrate humility. 2

5. Give one situation where being assertive can help you make the right decision. 2
