

ST. THOMAS SCHOOL, SAHIBABAD
ANNUAL EXAMINATION 2025-26
PRACTICE WORKSHEET
VALUE EDUCATION
CLASS- VII

TIME ALLOWED: 1 HOUR

MAX MARKS: 25

NAME: _____ **SECTION:** _____ **ROLL NO:** _____ **DATE:** _____

General Instructions: All questions are compulsory.

I Tick (✓) the correct option:

- | | | |
|----|--|---|
| 1. | Which value is shown when a student returns a lost wallet to his owner? | 1 |
| | (A) Dishonesty <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (B) Integrity <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| | (C) Bravery <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (D) Selfishness <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| 2. | Food wastage causes | 1 |
| | (A) Saving of resources <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (B) Pollution and hunger <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| | (C) Clean environment <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (D) Climate change <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| 3. | When everyone follows rules, society becomes | 1 |
| | (A) Disordered and unjust <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (B) Divided and weak <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| | (C) Peaceful and fair <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (D) Unsafe and unfair <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| 4. | When you win a prize and thank your team for their help, you show | 1 |
| | (A) pride <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (B) laziness <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| | (C) humility <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (D) anger <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| 5. | Which word is most similar in meaning to integrity? | 1 |
| | (A) Dishonesty <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (B) Truthfulness <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |
| | (C) Selfishness <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> | (D) laziness <input style="display: inline-block; width: 50px; height: 20px; vertical-align: middle;" type="text"/> |

II Fill in the blanks:

- | | | |
|----|---|---|
| 1. | Copying in an exam shows a lack of _____ . | 1 |
| 2. | Food sustainability helps to protect both people and the _____. | 1 |
| 3. | Humility helps us to learn from our _____ and from others. | 1 |
| 4. | Assertiveness builds _____ and self-respect. | 1 |

5. _____ means being truthful and fair in all actions. 1

III Write True / False:

1. Honesty is only important in school. [] 1

2. Food wastage has no effect on the environment. [] 1

3. People with humility admit their mistakes. [] 1

4. Forgiveness helps to bring happiness to the heart. [] 1

5. A person with integrity is always greedy. [] 1

IV Answer the following questions:

1. How can you manage your pocket money wisely? 2

2. How can humility help in teamwork and friendship? 2

3. Your friend asks you to skip homework and play instead. How will you respond assertively? 2

4. Write any two humble actions that demonstrate humility. 2

5. Give one situation where being assertive can help you make the right decision. 2
